



# 香港定向總會

## Orienteering Association of Hong Kong

國際定向聯盟成員及中國香港體育協會暨奧林匹克委員會會員  
Affiliated to: International Orienteering Federation and Sports Federation & Olympic Committee of Hong Kong, China

聯合名譽贊助人：  
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## AsTOC 2019 and WTOC 2020 Embargo Areas

### Notice to competitors

The Orienteering Association of Hong Kong (OAHK) has amended the Asian Trail Orienteering Championships 2019 (AsTOC 2019) and World Trail Orienteering Championships 2020 (WTOC 2020) Embargo Notice. For better understanding, the rules of application of embargoed areas are clarified below.

This embargo applies to all potential AsTOC 2019 and WTOC 2020 participants and close associates (athletes intending to race in any of the races, their coaches and anyone else who has close links to our elite athletes for example officials, escorts, etc.) and any other person who may influence the results of the competitions by any knowledge of the terrain.

Based on IOF rules, the embargo means that these people should not visit any of these areas to walk or train with or without a map. If the area is urban based then athletes can visit these towns as required by normal daily life but not with a map or to do any training, test route choices, make their own maps etc.

All AsTOC 2019 and WTOC 2020 embargoed areas are out of bounds for all Trail O activities until the conclusion of the respective championships. The OAHK shall not organize any official competitive orienteering activities in the embargoed areas to minimize risk of breaching the rules until the championships finishes. All clubs will stop organizing Trail Orienteering activities in the embargoed areas during the period of embargo. However, there are no restrictions on other Foot O activities and competitions in those embargoed areas.

It is the athlete's own responsibility to conscientiously observe the embargo rules and its application. Each embargoed area will be released the day after the relevant competition or, with approval of organisers, directly after the relevant competition.