

2017年度年中排名成績 中長距離

Middle Long Distance Events Ranking Results 2017

更新 Updated On: 2017/10/13

ME				RL-1		RL-2		RL-3		RL-4		RL-5	
Rank	Name	Average	Total	2017/3/12		2017/4/2		2017/10/2		2017/10/22		2017/11/5	
				Braemar Hill	Tai Lam Country Park	Cheung Ngau Shan	Aberdeen Country Park					Ngong Ping	
1	LEE KIN WAI	991	2973	975	00:52:38	1000	01:25:08	998	00:32:30				
2	YU TSZ WAI	967	2901	936	00:54:49	965	01:28:14	1000	00:32:27				
3	YIP CHAK LUN GERALD	897	2690	1000	00:51:19	831	01:42:29	859	00:37:46				
4	HUI SIU TUNG	879	2637	967	00:53:03	881	01:36:41	789	00:41:08				
5	YEUNG KWOK KEUNG	856	2567	873	00:58:45	851	01:40:02	842	00:38:31				
6	LAM ABY	855	2565	880	00:58:17	900	01:34:36	784	00:41:22				
7	MA LOK HIN	795	2384	875	00:58:39	879	01:36:54	630	00:51:30				
8	CHOW MAN LONG	759	2278	770	01:06:37	695	02:02:27	812	00:39:57				
9	CHAU PO LOK	754	2262	845	01:00:44	774	01:49:56	642	00:50:32				
10	CHOY KWOK WAI	711	2133	814	01:03:01	664	02:08:08	654	00:49:38				
11	MAN YIU FUNG	708	2125	852	01:00:12	626	02:16:04	647	00:50:11				
12	MAN CHI KIN	605	1816	885	00:57:58	931	01:31:26						
13	CHEUNG CHI KO	595	1786	884	00:58:05	902	01:34:22						
14	CHAN TIN MONG	514	1543	827	01:02:04			716	00:45:19				
15	LAM KA CHING	499	1496	746	01:08:49	750	01:53:32	DISQ					
16	TAM WING CHUNG	496	1487	704	01:12:55	783	01:48:41						
17	POON BRIAN WING YOUNG	492	1476	766	01:07:02		MP	710	00:45:41				
18	MAK YUI KAN RAPHAEL	480	1441	774	01:06:20	667	02:07:39						
M10				RL-1		RL-2		RL-3		RL-4		RL-5	
Rank	Name	Average	Total	2017/3/12		2017/4/2		2017/10/2		2017/10/22		2017/11/5	
				Braemar Hill	Tai Lam Country Park	Cheung Ngau Shan	Aberdeen Country Park					Ngong Ping	
1	WOO ALOK	920	2760	877	00:32:11	976	00:41:08	907	00:39:21				
2	CHEN KA HANG	897	2691	1000	00:28:13	799	00:50:16	892	00:40:02				
3	CHEN KA HEI	871	2612	728	00:38:46	884	00:45:25	1000	00:35:42				
4	SIU PUI LOK	819	2456	694	00:40:41	1000	00:40:10	762	00:46:50				
5	LAU KIN PONG	625	1875	438	01:04:27	685	00:58:37	752	00:47:27				
6	HO CHUN YUEN	260	779					779	00:45:50				
7	FU CHUN YAN ALISTAIR	234	702					702	00:50:53				
8	LAM YAT-HEI	226	677					677	00:52:44				
	CHAN WAI LOK												
	WONG HO HIM												
	NG LOK MAN						DNS						
M12				RL-1		RL-2		RL-3		RL-4		RL-5	
Rank	Name	Average	Total	2017/3/12		2017/4/2		2017/10/2		2017/10/22		2017/11/5	
				Braemar Hill	Tai Lam Country Park	Cheung Ngau Shan	Aberdeen Country Park					Ngong Ping	
1	LAU CHEUK NAM	925	2775	937	00:37:18	997	00:31:02	840	00:18:57				
2	SHUM SIU LONG	971	2912	912	00:38:20	1000	00:30:57	1000	00:15:55				
3	FONG CHEUK LONG ETHAN	909	2727	813	00:42:59	990	00:31:16	924	00:17:14				
4	LO CHUN HEI	718	2155	862	00:40:35	476	01:05:04	818	00:19:28				
5	LAM KING HIM	554	1663	775	00:45:08	386	01:20:13	503	00:31:39				
6	MAN TSAN SHUN	466	1398	1000	00:34:58			398	00:40:02				
7	YIP HO WANG OWEN	304	911	911	00:38:24		DNS						
8	WONG WAI HIN	280	841	841	00:41:36								
9	LAM HIU YEUNG	157	472			472	01:05:32						
M14				RL-1		RL-2		RL-3		RL-4		RL-5	
Rank	Name	Average	Total	2017/3/12		2017/4/2		2017/10/2		2017/10/22		2017/11/5	
				Braemar Hill	Tai Lam Country Park	Cheung Ngau Shan	Aberdeen Country Park					Ngong Ping	
1	LUM CHEUK HEI	949	2847	1000	00:30:58	847	01:27:47	1000	00:12:19				
2	TO CHUNG YIN	756	2268	803	00:38:34	854	01:27:02	611	00:20:10				
3	LAW SING YU SEAN	680	2039	810	00:38:13	633	01:57:25	595	00:20:42				
4	AU JOSHUA HO KIU	629	1887	887	00:34:55	1000	01:14:21	DISQ					
5	LAM WANG HONG NERIO	617	1852	634	00:48:52	748	01:39:21	470	00:26:11				
6	CHAN SIN KEI	542	1627	600	00:51:38	579	02:08:28	448	00:27:29				
7	YUM KA CHUN	506	1519			830	01:29:34	689	00:17:53				
8	CHAN CHUN ON	434	1301	682	00:45:26		MP	619	00:19:53				
9	LEE SZE LUT NAZIRITE	370	1110	628	00:49:20		MP	483	00:25:31				
10	WONG YAT HEI	350	1050	567	00:54:38		MP	483	00:25:29				
11	KWOK JUSTIN Y YAN	322	965	496	01:02:27			470	00:26:14				
12	LEUNG YIU TIN	296	889	467	01:06:18			422	00:29:12				
13	CHENG KAI MAN	286	858			703	01:45:42	154	01:19:54				
14	POON LAP HANG	282	846	552	00:56:07			294	00:41:55				
15	WONG CHEUK HIM	266	798		DNS	798	01:33:12		DNS				
16	WU CHEUK HEI	256	767	545	00:56:50			222	00:55:29				
17	LAU HO MAN ISAAC	211	633	633	00:48:54				DNS				
18	NGAN YAT PEI	188	564	564	00:54:54		OT						
19	WONG KA KIN	183	549	549	00:56:25								
20	NG PAK HEI	183	548	548	00:56:29								
21	TANG TSUN LEUNG	178	533			533	02:19:24						
22	WONG KWAN	135	406					406	00:30:22				
23	CHIU SHEUNG WANG	128	384	384	01:20:41		OT						
24	LEUNG HO CHUN	116	348	348	01:28:55								
25	LAM HON FAT ADRIAN	99	298					298	00:41:17				
26	YAM TSZ HONG	53	159					159	01:17:29				
	LAI HO WANG				DISQ								
	LAM YAN SHING				DISQ								
	CHEUNG KUEN FUNG												
	CHAN KING SAN								DISQ				
	LEUNG CHUN HEI				DNS		DNS						
	SETO CHUN NOK				DNS		MP						
	WONG KIN HIN				DISQ		DNS						
	LIU WAI KWAN DAVID				DNS								
	NG TIN LOK RYAN						OT						
	CHIU LONG PAK						DNS						
	TAO TSZ YEUNG						DNS						
	SHO TAKAMIZAWA						DNS						
	LEUNG CHING KIN						OT						
	CHENG KA HEI						OT						

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Rank	Name	Average	Total	RL-1		RL-2		RL-3		RL-4		RL-5	
				2017/3/12		2017/4/2		2017/10/2		2017/10/22		2017/11/5	
				Braemar Hill	Tai Lam Country Park	Cheung Ngau Shan	Aberdeen Country Park	Ngong Ping					
1	LEUNG CHI HANG	999	2997	1000	00:50:26	997	01:48:33	1000	00:38:05				
2	WONG WAI NGAI ERIC	890	2670	925	00:54:30	964	01:52:16	781	00:48:46				
3	YU SAI HONG	822	2465	869	00:58:01	799	02:15:25	797	00:47:48				
4	CHEUNG KANG KAI	792	2375	923	00:54:38	939	01:55:16	513	01:14:15				
5	CHUNG WAI NANG	761	2284	719	01:10:09	893	02:01:10	672	00:56:38				
6	TAM CHUNYIN DICKSON	732	2197	771	01:05:26	838	02:09:09	589	01:04:41				
7	CHAN CHUN KIT	618	1854	854	00:59:03	1000	01:48:12						
8	CHENG YUK TUNG	602	1806	848	00:59:27	958	01:53:00		DNS				
9	TAM WEI YEUNG SUNNY	594	1781			985	01:49:50	796	00:47:51				
10	LEE YEUNG CHI	587	1762	851	00:59:16	911	01:58:45						
11	LAU KWOK SANG	566	1697	781	01:04:36	916	01:58:04						
12	TANG YEUNG CHIU DENNIS	543	1628	832	01:00:39	796	02:15:54						
13	CHAN ON LAP	532	1596	799	01:03:08	797	02:15:42		DNS				
14	YUEN WANG KI	511	1534	767	01:05:44	767	02:21:06		DNS				
15	KWONG MAN FAI TIMOTHY	492	1477		DNS	770	02:20:36	707	00:53:51				
16	CHAU CHI KIN	491	1474	826	01:01:03		OT	648	00:58:46				
17	CHIU YAU CHUNG	486	1457	738	01:08:19		DNS	719	00:52:57				
18	CHEUNG KWOK WAI	480	1441	693	01:12:47	748	02:24:41						
19	YUEN TUNG NAM	477	1431	755	01:06:48			676	00:56:22				
20	CHOI KWOK KIN	472	1415	870	00:57:59			545	01:09:53				
21	CHEUNG KWOK PUI	446	1339	621	01:21:10		OT	718	00:53:02				
22	LI FUK LUNG BRUCE	434	1302	754	01:06:54		OT	549	01:09:25				
23	PEREIRA DANIEL ANTONIO	427	1282			808	02:13:51	474	01:20:21				
24	MUI HO LAM	421	1264		DNS	722	02:29:54	542	01:10:12				
25	CHU KWOK LIN	419	1258	732	01:08:52		OT	525	01:12:29				
26	CHAN PING KIN	394	1181	631	01:19:56			550	01:09:12				
27	CHIANG WAI MING	391	1173	681	01:14:06		OT	492	01:17:20				
28	NG KA SING	383	1150	696	01:12:27		OT	454	01:23:53				
29	CHEUNG CHI SHING	370	1111	599	01:24:14		OT	512	01:14:21				
30	CHU HING SHING	367	1101	674	01:14:48		OT	427	01:29:14				
31	CHAN CHI KEUNG	353	1060	620	01:21:20			439	01:26:40				
32	TSANG CHUN CHI	327	981	520	01:37:03		OT	461	01:22:37				
33	CHOI WAI KIT	316	949	949	00:53:09								
34	LEUNG YAT YIN	307	921	438	01:55:02			482	01:18:58				
35	LEUNG KWOK SHING	295	885	557	01:30:37			328	01:55:56				
36	WONG YU HONG BRYAN	293	879		DISQ		MP	879	00:43:20				
37	CHAN CHI SING CLEMENT	282	847			847	02:07:48						
38	SY HUAN KUN	273	819	434	01:56:09			385	01:38:56				
39	HO TSZ HANG STEPHEN	257	772			772	02:20:10						
40	LAW KWOK KUEN	229	686	686	01:13:34		DNS						
41	CHAN YIP SANG	221	662				MP	662	00:57:32				
42	LI KONG FUNG	216	648	648	01:17:53		DNF						
43	YIU CHI SING	214	641	641	01:18:43								
44	HO NGA TIK	204	613	613	01:22:20		MP						
45	CHAN CHUN MAN	203	609	609	01:22:52		OT						
46	LEE TING HO GILBERT	203	609		DISQ		OT	609	01:02:35				
47	CHU KAM HUNG	202	605	605	01:23:23		OT						
48	LAI KA PAK	192	577				OT	577	01:06:00				
49	YIM CHUN WAI	192	576	576	01:27:32		OT		DISQ				
50	WONG PUI KEUNG	192	575				MP	575	01:06:16				
51	TSE YIK WAH	182	545	545	01:32:33		OT		DNS				
52	CHAN YIN CHUN	179	537	537	01:34:00				DISQ				
53	LEUNG CHI YAN	177	531	531	01:34:59				DISQ				
54	LEE SIU KONG	168	503	503	01:40:21		OT						
55	CHEUNG YAT LUNG TOMMY	166	498	498	01:41:18		DNF						
56	LEE WING LEUNG	160	481	481	01:44:47		DNF						
57	CHEUNG KA WING	152	456		DISQ			456	01:23:33				
58	NG KWOK FUNG	147	442		OT		DNF	442	01:26:06				
59	WONG BUN YIN	144	432					432	01:28:15				
60	TANG YU HIN	142	425					425	01:29:34				
61	CHOW TAT HEI	127	382					382	01:39:38				
62	HO HUI NAM	121	364		OT			364	01:44:45				
63	LEUNG CHUNG MAN	101	303					303	02:05:46				
	WONG KIN CHO				OT								
	CHENG HO CHUN												
	CHOY KA WAI				DISQ								
	CHUNG CHI MING												
	LAM TREVOR KOONCHI						OT		DNS				
	LEUNG CHI SHING JERR				DNS								
	LO KAM TAO LEO				DNS								
	LUI TSZ HIN				DNS		MP						
	LUK CHI HIN						DNS						
	MOK YUE HONG LOUIS				DNS		DNS						
	NG KWAN SHING								DISQ				
	TAM TSZ HONG												
	TO CHUN KIT				DISQ								
	UN KA CHUN								DNS				
	WONG CHOK FAI				DISQ		MP						
	WONG CHUN												
	LAM SZE YUEN PAUL								DISQ				
	HUI YAU CHIU								DISQ				

2017年度年中排名成績 中長距離

Middle Long Distance Events Ranking Results 2017

更新 Updated On: 2017/10/13

M35				RL-1		RL-2		RL-3		RL-4		RL-5	
Rank	Name	Average	Total	2017/3/12		2017/4/2		2017/10/2		2017/10/22		2017/11/5	
				Braemar Hill		Tai Lam Country Park		Cheung Ngau Shan		Aberdeen Country Park		Ngong Ping	
				1	CHEONG KUNG PAN	933	2799	842	01:02:02	957	01:41:52	1000	00:42:55
2	TANG CHUN KIT	876	2627	1000	00:52:15	947	01:42:57	680	01:03:07				
3	LI MING CHI	800	2399	937	00:55:47	990	01:38:26	472	01:30:53				
4	YU SHIN HO	758	2273	749	01:09:43	953	01:42:20	571	01:15:08				
5	TAM SHU FUN	734	2203	774	01:07:29	869	01:52:12	559	01:16:43				
6	WONG CHI YIN	690	2071	855	01:01:07	670	02:25:29	546	01:18:40				
7	WONG MAN WA	681	2042	639	01:21:43	910	01:47:08	492	01:27:10				
8	CHENG PING KUEN	629	1886	951	00:54:56	935	01:44:14						
9	CHAN CHUN KIT	595	1786	885	00:59:03	901	01:48:12						
10	LEE MAN WAI	558	1673	673	01:17:41	1000	01:37:29		DISQ				
11	FUNG CHUN PAN	412	1235	720	01:12:35		MP	516	01:23:15				
12	LEE HOK WUN	337	1011	626	01:23:31			386	01:51:14				
13	LAU CHUN FUN	328	984	460	01:53:33		MP	524	01:21:56				
14	CHAN TSZ CHUNG	291	872	872	00:59:56		DNS						
15	LEUNG YAT LAI ADRIAN	244	732	732	01:11:22								
16	KEUNG WAH TUNG	235	706	706	01:14:02								
17	CHUNG HON	208	623	623	01:23:49		DNS						
18	CHAN SIU HUNG	191	573	573	01:31:07								
19	SIT MING CHEUNG	171	513	513	01:41:57		MP						
20	WONG JO PAN	126	378					378	01:53:30				
21	LUI YUEN MING	125	376		DNS		DNF	376	01:54:15				
	YAU HO TAK				DNS								
	LEUNG KAM YUEN				DNS								
	CHAN SIU CHUNG						MP		DISQ				
	TAM CHI HO								DISQ				
	LO WING PUN												
	WONG KA WAI FRANK						DNS						
	CHAN CHIT HUNG ISSAC												
	CHOI YUEN HANG						DNS						
M40				RL-1		RL-2		RL-3		RL-4		RL-5	
Rank	Name	Average	Total	2017/3/12		2017/4/2		2017/10/2		2017/10/22		2017/11/5	
				Braemar Hill		Tai Lam Country Park		Cheung Ngau Shan		Aberdeen Country Park		Ngong Ping	
				1	WONG CHI CHUNG ISAAC	833	2499	929	00:57:27	835	02:04:55	735	01:18:18
2	LO WING SHIU	657	1970	970	00:55:01	1000	01:44:17		DISQ				
3	MAN WAI TIN	621	1863			863	02:00:53	1000	00:57:32				
4	CHAN KWOK WAI	565	1695		DNS	920	01:53:24	775	01:14:14				
5	LEUNG WAI KIN	364	1093	598	01:29:12		OT	494	01:56:25				
6	CHAN KAI WING DICKY	361	1082	603	01:28:30			479	02:00:08				
7	WONG SIU TONG	338	1015	552	01:36:38			463	02:04:23				
8	CHAN KAM ON ANDY	333	1000	1000	00:53:23		DNS		DNS				
9	CHAN KA SHING RICKY	327	982			982	01:46:11						
10	LAU CHI CHUEN	291	874	874	01:01:03		OT		DISQ				
11	KWONG KWOK WAH	230	690	690	01:17:20		DNS		DISQ				
12	CHEN FUK HOI	161	482	482	01:50:42				DISQ				
13	CHAN WAI KEI	127	381					381	02:30:53				
	HUI WUN LAP				DNS				DISQ				
	WONG HO MAN				DNS		DNS		DISQ				
	CHAN HOI MING HERMAN				DNS								
	CHENG CHUNG HANG								DNS				
	NG WAI MING				DNS		MP		DISQ				
	LEE BOB				DNS								
	YAU TING YAN KELVIN								DNS				
	YOU GOUFENG								DISQ				
	CHAN TAK FUNG						OT						
M45				RL-1		RL-2		RL-3		RL-4		RL-5	
Rank	Name	Average	Total	2017/3/12		2017/4/2		2017/10/2		2017/10/22		2017/11/5	
				Braemar Hill		Tai Lam Country Park		Cheung Ngau Shan		Aberdeen Country Park		Ngong Ping	
				1	YEUNG WAI YIN ALEXIS	966	2897	1000	00:46:53	1000	01:41:39	897	00:56:40
2	LIANG CHI HANG	916	2748	918	00:51:04	974	01:44:23	857	00:59:21				
3	KO MAN FUNG FRANCIS	790	2369	823	00:57:00	708	02:23:34	839	01:00:37				
4	HUI NGAI SANG	636	1908			908	01:52:00	1000	00:50:50				
5	YIU VOR	550	1649	744	01:03:02		OT	905	00:56:10				
6	LAU YAT CHOR	519	1556	763	01:01:27		DNS	793	01:04:07				
7	WONG HUNG ON WALLIS	503	1510	805	00:58:13		DNS	704	01:12:10				
8	NG PATRICK	467	1402	801	00:58:32			601	01:24:31				
9	WONG KIN LOK	321	963	570	01:22:16		MP	393	02:09:19				
10	HO WING FAI	302	907	907	00:51:41		OT						
11	LAU TAT KONG	209	626	626	01:14:52		OT						
12	LAM MING PAN	208	623					623	01:21:38				
13	SIU MAN KWONG ERIC	182	546	546	01:25:54		MP		DISQ				
14	YAN CHI HANG	180	540					540	01:34:03				
15	FU MAN FAI	168	503	503	01:33:13		MP		DISQ				
16	WONG WAI MING	118	354				OT	354	02:23:39				
	LAM YIU HONG				OT		MP		DISQ				
	KWAN YIU KEUNG												
	HO KANG KIT				DNS								
	HUNG KA MO MAVERICK				DISQ								
	YAU HO TAK				DNS								
	WONG MAN WAI						DNF						
	CHEUNG WAI KEE								DISQ				
	CHAN WAI KIN						OT						
M50				RL-1		RL-2		RL-3		RL-4		RL-5	
Rank	Name	Average	Total	2017/3/12		2017/4/2		2017/10/2		2017/10/22		2017/11/5	
				Braemar Hill		Tai Lam Country Park		Cheung Ngau Shan		Aberdeen Country Park		Ngong Ping	
				1	LAW WAI KAY	880	2641	873	01:08:02	768	01:54:38	1000	00:47:16
2	CHAN KWOK WAI AARON	872	2615	1000	00:59:25	903	01:37:29	712	01:06:24				
3	LEUNG LAP ON	821	2464	916	01:04:50	642	02:16:59	905	00:52:13				
4	LEUNG SAI FONG	751	2252	806	01:13:44	714	02:03:11	732	01:04:35				
5	LEE CHUNG MING	685	2056	744	01:19:50	733	02:00:07	580	01:21:33				
6	CHAN WING CHONG	656	1967	634	01:33:44	680	02:09:25	653	01:12:22				
7	YUE PUI CHUNG	504	1513			1000	01:28:00	513	01:32:04				
8	LAM KWOK WAH	500	1501	893	01:06:34			609	01:17:39				
9	WONG HON SHING	464	1392	764	01:17:47	628	02:20:05						
10	LAW YAT HING	412	1235	603	01:38:33	632	02:19:12						
11	SHIU CHI SHING	319	958	532	01:51:46		OT	427	01:50:48				
12	CHAN SAN WAH	190	569		DISQ			569	01:23:08				
13	WONG CHUN MING	158	475		DISQ			475	01:39:29				
	TAM KA MAN				DISQ								
	SIU KWONG WAI								DISQ				
	LEUNG KWOK WAH						OT						

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WE				RL-1		RL-2		RL-3		RL-4		RL-5	
Rank	Name	Average	Total	2017/3/12		2017/4/2		2017/10/2		2017/10/22		2017/11/5	
				Braemar Hill		Tai Lam Country Park		Cheung Ngau Shan		Aberdeen Country Park		Ngong Ping	
1	CHAN HAU WAH BRENDA	986	2957	978	00:56:18	978	01:25:57	1000	00:40:10				
2	LAM CHO YU	938	2814	919	00:59:54	1000	01:24:06	895	00:44:54				
3	LEUNG KA KI	905	2715	968	00:56:54	934	01:30:04	813	00:49:23				
4	FUNG CHARMINE KAI WING	885	2655	1000	00:55:04	847	01:39:15	808	00:49:44				
5	LUI WAI LAN IRIS	878	2634	889	01:01:55	783	01:47:28	962	00:41:46				
6	CHAN PUI FUNG	802	2406	822	01:07:01	841	01:40:00	744	00:54:01				
7	LEE WING SZE VIVIAN	776	2329	881	01:02:30	732	01:54:51	716	00:56:08				
8	YEE SZE WING	674	2021	669	01:22:19	751	01:51:58	601	01:06:48				
9	SO WING MAN	636	1907	716	01:16:57	611	02:17:32	580	01:09:15				
10	CHENG YUEN KI HILDA	550	1649	860	01:04:01			788	00:50:57				
11	YU TSZ YING	513	1538	840	01:05:31			698	00:57:33				
	NG KA YAN						DNS						
W10				RL-1		RL-2		RL-3		RL-4		RL-5	
Rank	Name	Average	Total	2017/3/12		2017/4/2		2017/10/2		2017/10/22		2017/11/5	
				Braemar Hill		Tai Lam Country Park		Cheung Ngau Shan		Aberdeen Country Park		Ngong Ping	
1	YIU YIU	894	2681	681	00:57:19	1000	00:52:37	1000	00:42:13				
2	WONG YEE YAN	755	2265	1000	00:39:02	579	01:30:54	686	01:01:31				
3	SHIU WING YU	502	1506			759	01:09:17	746	00:56:34				
4	TSANG CHUNG KIU	315	944					944	00:44:43				
	LO WING YIU CHELSEA												
	NG ERIN								DISQ				
	PONG HIU CHING												
W12				RL-1		RL-2		RL-3		RL-4		RL-5	
Rank	Name	Average	Total	2017/3/12		2017/4/2		2017/10/2		2017/10/22		2017/11/5	
				Braemar Hill		Tai Lam Country Park		Cheung Ngau Shan		Aberdeen Country Park		Ngong Ping	
1	FUNG WAI KI	1000	3000	1000	00:34:54	1000	00:24:48	1000	00:22:37				
2	LEUNG HIU YUET	737	2211	518	01:07:25	912	00:27:12	781	00:28:57				
3	FU HOI KI	722	2165	689	00:50:40	531	00:46:43	945	00:23:56				
4	FU HOI KI	722	2165	689	00:50:40	531	00:46:43	945	00:23:56				
5	YOU ROU	642	1925	550	01:03:28	423	00:58:35	952	00:23:46				
6	KO HIU MAN SOPHIE	294	882			279	01:28:52	603	00:37:29				
7	LO HOI CHING JOCELINE	171	514					514	00:44:02				
8	SHIU WING YIN	163	489			489	00:50:40		DNS				
	WONG SZE WING						DNS						
W14				RL-1		RL-2		RL-3		RL-4		RL-5	
Rank	Name	Average	Total	2017/3/12		2017/4/2		2017/10/2		2017/10/22		2017/11/5	
				Braemar Hill		Tai Lam Country Park		Cheung Ngau Shan		Aberdeen Country Park		Ngong Ping	
1	LO HOI YAN	1000	3000	1000	00:52:04	1000	01:37:34	1000	00:24:07				
2	WONG WING YIN	846	2537	871	00:59:48	988	01:38:45	678	00:35:33				
3	LEUNG HIU CHING	728	2183	760	01:08:29	772	02:06:21	651	00:37:04				
4	CHAN AMANDA CHUN YI	536	1609	727	01:11:37			882	00:27:21				
5	SIU PUI YUET	512	1537	608	01:25:40		OT	929	00:25:57				
6	MAN WING	407	1220	472	01:50:19		OT	748	00:32:14				
7	WONG MAN YIN	386	1157	880	00:59:08		DNF	277	01:27:12				
8	YIU NAM	301	904	904	00:57:36		OT						
9	CHU LI WEI RIE	297	892	892	00:58:22								
10	LAU HIN YI	271	814	814	01:03:58		OT		DNS				
11	KWOK SELINA	226	677			677	02:24:12		DNS				
	NG CHARLOTTE								DNS				
	CHEUNG CHEUK YIN												
	YU KA WING				DNS		DNS						
	CAI XINYI						DNF						
	YAU HOI LING								DISQ				
	NG SZE MAI												
	TSANG SUM YEE												
	KWAN WEL LING CHLOE						DNS						
	NG CLARESTA												
	CHAN AMANDA						OT						
	CHOI LOK								DNS				
W16				RL-1		RL-2		RL-3		RL-4		RL-5	
Rank	Name	Average	Total	2017/3/12		2017/4/2		2017/10/2		2017/10/22		2017/11/5	
				Braemar Hill		Tai Lam Country Park		Cheung Ngau Shan		Aberdeen Country Park		Ngong Ping	
1	FUNG WAI CHING	963	2889	1000	00:51:40	889	01:32:27	1000	00:56:07				
2	YUE WEI YA	620	1861	861	01:00:00	1000	01:22:14		DNS				
3	CHENG SUM YU	489	1466	892	00:57:57	574	02:23:12						
4	LEUNG KWAN KIU	240	721					721	01:17:53				
5	YEO VICTORIA ANNA	235	704	704	01:13:24								
6	KU KA KI	229	686	686	01:15:17		MP		DISQ				
7	TAM KA WING	214	642	642	01:20:30								
8	LUK KEI SUET ANGELA	204	611	611	01:24:31								
9	WONG YI YAN	179	538	538	01:36:07								
10	WONG LOK MAN	164	491	491	01:45:17								
11	FONG SIN HANG JADA	162	485	485	01:46:34		MP						
12	MOY SZE WING CLARA	159	476	476	01:48:34		OT						
13	MAK KAR TUNG	156	467	467	01:50:37								
14	TSE TSZ YIU	155	465	465	01:51:12								
15	MAK CHIU KI ASTOR	152	457	457	01:53:09								
16	LO LOK YIN JASMINE	149	448	448	01:55:14		OT						
	WONG YUET TO				DNS								
	CHENG WING YI				DISQ								
	TANG LOK YI						DNF		DNS				
	CHIU TSZ YING								DNS				
	VERMEER ELENA YIN						DNF						
W18				RL-1		RL-2		RL-3		RL-4		RL-5	
Rank	Name	Average	Total	2017/3/12		2017/4/2		2017/10/2		2017/10/22		2017/11/5	
				Braemar Hill		Tai Lam Country Park		Cheung Ngau Shan		Aberdeen Country Park		Ngong Ping	
1	FUNG WING KI	333	1000			1000	02:05:33						
2	YUEN JISI JACQUELINE	321	962			962	02:10:31						
3	WONG TSUI SHAN	304	913		DNS	913	02:17:34						
	CHIU CHING				OT								
	LEE HONG YING				OT		OT						

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W20				RL-1		RL-2		RL-3		RL-4		RL-5	
Rank	Name	Average	Total	2017/3/12		2017/4/2		2017/10/2		2017/10/22		2017/11/5	
				Braemar Hill		Tai Lam Country Park		Cheung Ngau Shan		Aberdeen Country Park		Ngong Ping	
				1	CHU YING YAU	937	2811	1000	00:48:05	1000	01:06:24	811	00:47:36
2	WONG YI SHAN	936	2807	888	00:54:08	919	01:12:14	1000	00:38:35				
3	LEUNG HEI TUNG	888	2664	934	00:51:29	814	01:21:35	916	00:42:06				
4	CHAN SIN YU	565	1695	937	00:51:19	758	01:27:39		DNS				
5	YEUNG YU PO	161	483			483	02:17:29						
	TSANG HIU YU												
W21				RL-1		RL-2		RL-3		RL-4		RL-5	
Rank	Name	Average	Total	2017/3/12		2017/4/2		2017/10/2		2017/10/22		2017/11/5	
				Braemar Hill		Tai Lam Country Park		Cheung Ngau Shan		Aberdeen Country Park		Ngong Ping	
				1	WONG WAI CHING VICKIE	966	2898	1000	00:59:58	919	01:57:08	979	00:57:03
2	LEUNG KA MAN	877	2630	909	01:05:57	720	02:29:24	1000	00:55:52				
3	TANG PO WA	856	2567	867	01:09:09	745	02:24:27	955	00:58:31				
4	CHAN LAI YEE	590	1769	769	01:17:56	1000	01:47:37		DISQ				
5	LUI WAI NING	560	1679	834	01:11:52			845	01:06:09				
6	CHEUNG WEI KI RAINKY	557	1671	913	01:05:42	758	02:21:53						
7	LAU YUET LING	535	1604	842	01:11:12	761	02:21:21		DISQ				
8	LEE WING SUM	533	1598	785	01:16:21			813	01:08:43				
9	WONG SAU KING	532	1597			759	02:21:42	838	01:06:41				
10	TSE LUI	527	1582	751	01:19:49		DNS	831	01:07:13				
11	MOK WAI YEE	509	1527	689	01:26:59		OT	838	01:06:40				
12	KAN MING PUI	491	1473	641	01:33:37		MP	833	01:07:05				
13	HO SAU MAN PRISCILLA	448	1345	757	01:19:16		OT	589	01:34:55				
14	CHUNG WAI FAN VIVIAN	429	1286	550	01:49:06		OT	736	01:15:54				
15	WAN YUEN TING	381	1144	628	01:35:33		MP	516	01:48:14				
16	TSANG SZE WAI	313	940	940	01:03:46		MP		DISQ				
17	TSANG YIN HUNG	305	915			915	01:57:34		DISQ				
18	TANG PIK KWAN	294	883	883	01:07:54		MP						
19	TAM KAR BIK	269	808	808	01:14:13								
20	CHIU KONIE	258	773	773	01:17:37		OT						
21	LAM HEI YIU	257	771	771	01:17:44		OT						
22	LEUNG KWAN NI WIWIN	256	768	768	01:18:02								
23	NG WING SI	249	746	746	01:20:25				DNS				
24	HUI JASMINE	246	737		OT			737	01:15:47				
25	WONG WING YAN JOSEPHINE	229	686	686	01:27:28		MP						
26	SO SUET YING	201	603	603	01:39:23								
27	LAU WING KA	201	603					603	01:32:37				
28	CHAN CHING YAN CANDY	193	580	580	01:43:25				DNS				
29	CHAN CHEE HEI BOWIE	186	557					557	01:40:18				
30	TSANG HIU NGAI	169	506					506	01:50:21				
	CHOI KA PO JOSEPHINE				OT		OT		DISQ				
	FUNG KA WING				DISQ								
	LAM CHING YING				DNS		DNF		DNS				
	LAM HO TONG						OT		DISQ				
	LAM OI SZE				DNS								
	LAU HOI KWAN				DISQ								
	MAK SO CHU				DISQ		DNF						
	NG CHUNG FEI												
	RIDOLFO ARIANNA				DISQ								
	SUEN STEPHANIE				DNS		DNF		DNS				
	WONG JOSEPHINE												
	WONG SZE HA EL YSE				DNS								
	YEH TSUEN TSUEN RITA				DNS								
W35				RL-1		RL-2		RL-3		RL-4		RL-5	
Rank	Name	Average	Total	2017/3/12		2017/4/2		2017/10/2		2017/10/22		2017/11/5	
				Braemar Hill		Tai Lam Country Park		Cheung Ngau Shan		Aberdeen Country Park		Ngong Ping	
				1	FUNG YUK CHING	1000	3000	1000	01:13:57	1000	01:33:29	1000	00:55:07
2	CHEUNG BO LING	889	2668	947	01:18:05	863	01:48:17	858	01:04:14				
3	ISMAIL HANIFA	656	1969	743	01:39:34	692	02:15:00	534	01:43:14				
4	AU MAN CHONG MARIANA	521	1563		DISQ	888	01:45:17	675	01:21:37				
5	TANG PUI YI	477	1431			753	02:04:05	677	01:21:23				
6	LUO TUNG HSIA MARIE	267	800			800	01:56:55						
7	LO WAN YEE	246	738		DISQ			738	01:14:44				
	CHAU HOI SZE				DISQ								
	YAU YUK FONG				DISQ		OT		DISQ				
	FUNG KIT LING VERONI												
	LEUNG KA LAI												
	CHOI KA PO JOSEPHINE				OT		OT		DISQ				
W40				RL-1		RL-2		RL-3		RL-4		RL-5	
Rank	Name	Average	Total	2017/3/12		2017/4/2		2017/10/2		2017/10/22		2017/11/5	
				Braemar Hill		Tai Lam Country Park		Cheung Ngau Shan		Aberdeen Country Park		Ngong Ping	
				1	CHEUNG LAI KUEN MONA	1000	3000	1000	01:08:36	1000	01:33:33	1000	00:57:42
2	WONG PATRICIA	484	1451			891	01:45:00	560	01:43:03				
3	CHAN SIU MUI	253	760			760	02:03:07		DISQ				
4	CHAN PUI YING	169	508		DISQ			508	01:53:35				
	LEUNG LIN PIK				DNS								
	YU HOI YAN				DISQ		DNS						
	LUK LAI LAI RENE				OT		OT		DISQ				
	LI MANG WAH LOUISE				DISQ				DISQ				
	CHAN YIN HING						MP						
W45				RL-1		RL-2		RL-3		RL-4		RL-5	
Rank	Name	Average	Total	2017/3/12		2017/4/2		2017/10/2		2017/10/22		2017/11/5	
				Braemar Hill		Tai Lam Country Park		Cheung Ngau Shan		Aberdeen Country Park		Ngong Ping	
				1	LAU PIK YI	333	1000	1000	01:45:00				DNS
2	HO HING LING	333	1000		DNS	1000	01:56:40		DNS				
3	WONG YEE WAH	333	1000				OT	1000	01:57:32				
4	CHEUNG NGANCHUN	294	882		OT	882	02:12:21						
	LO PO YUK				DNS								
	CHENG PO YI				DISQ		MP		DNS				
	CHOI YAT SUM												
	CHAN SZE LAI				OT		DNF						
	PANG SHUET LAI								DISQ				
	KWOK KA WAH CARA				DISQ		DNS						
	CHAN FUNG SHAN EVELY												
	SO MAN TING TAMI						DNS						

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W50				RL-1		RL-2		RL-3		RL-4		RL-5	
Rank	Name	Average	Total	2017/3/12		2017/4/2		2017/10/2		2017/10/22		2017/11/5	
				Braemar Hill		Tai Lam Country Park		Cheung Ngau Shan		Aberdeen Country Park		Ngong Ping	
1	WONG YUK HING	1000	3000	1000	00:56:24	1000	01:53:23	1000	01:08:28				
2	AU WING SEE	597	1791		OT	963	01:57:41	827	01:22:45				
3	CHAN LAI CHU	364	1093	613	01:32:02			480	02:22:35				
	LEUNG YEE MAN				DNS				DISQ				
	NG MIU LAN								DISQ				
	CHAN YUK CHI						MP						
W55				RL-1		RL-2		RL-3		RL-4		RL-5	
Rank	Name	Average	Total	2017/3/12		2017/4/2		2017/10/2		2017/10/22		2017/11/5	
				Braemar Hill		Tai Lam Country Park		Cheung Ngau Shan		Aberdeen Country Park		Ngong Ping	
1	CHUI LAI KUEN CANDY	667	2000	1000	01:05:06	1000	02:07:36		DISQ				
2	CHAN SIU LIN	642	1925	925	01:10:21		OT	1000	01:30:11				
3	WONG YUK CHING LAM	304	911	911	01:11:27		OT		DISQ				
4	LEUNG YEE MAY	245	734	734	01:28:43		DNF		DISQ				
				Time Limit:		02:00:00		02:30:00		02:00:00			