

# 2015年度短距離 排名聯賽成績

## Sprint Distance Events Ranking Results 2015

更新 Updated On: 2015-12-16

Club	Rank	ME Name	Average	Total	RL-1	RL-2	RL-3	RL-4	RL-5
					2015-04-12	2015-04-26	2015-05-09	2015-08-16	2015-12-12
					Lai Chi Kok	Tseung Kwan O	Zhu Hai	Tin Shui Wai	Tai Po Waterfront
SOC	1	LEE KIN WAI	1000	3000	991x 0:15:21	1000 0:20:39	966x 0:15:57	1000 0:14:59	1000 0:18:54
AYP	2	YU TSZ WAI	990	2971	995 0:15:18	982 0:20:50	956x 0:16:08	994 0:15:04	963x 0:19:38
HKI	3	YIP CHAK LUN GERALD	983	2948	1000 0:15:13	977 0:20:57		971 0:15:26	927x 0:20:23
XCC	4	HUI SIU TUNG	981	2942	982 0:15:30	DISQ	1000 0:15:25	960 0:15:36	831x 0:22:44
MET	5	MAK YUI KAN RAPHAEL	964	2891	965 0:15:46	958 OFFICIAL		892x 0:16:48	968 0:19:32
HKI	6	MA LOK HIN	934	2802	DISQ	907 0:22:33	923 0:16:43	DISQ	973 0:19:26
HKI	7	MAN CHI KIN	931	2794	918 0:16:35	917 0:22:19	885x 0:17:26	959 0:15:37	886x 0:21:20
HKI	8	TAM WING CHUNG	905	2714	DISQ	958 0:21:21	922 0:16:43	834 0:17:58	DISQ
XCC	9	LAM SAM CHOI ABY	899	2697	908 0:16:46	DISQ	892 0:17:17	897 0:16:42	DISQ
XCC	10	CHIU YAU CHUNG	889	2666	868 0:17:32	906 0:22:35		892 0:16:48	811x 0:23:19
HKI	11	CHIU HO CHING	883	2650	833 0:18:16	936 0:21:51		881 0:17:01	DISQ
SOC	12	LAM KA CHING	866	2598	637x 0:23:53	855 0:23:55	826x 0:18:40	867 0:17:17	876 0:21:34
HKI	13	CHOW MAN LONG	849	2546	871 0:17:28	DISQ		839 0:17:51	836 0:22:37
HKO	14	CHEUNG KWOK WAI	826	2479	737x 0:20:38	820 OFFICIAL	809 0:19:03	851 0:17:37	DISQ
HKO	15	CHAU PO LOK	817	2452	797 0:19:06	837 0:24:26		818 0:18:19	
HKO	16	CHOY KWOK WAI	800	2401	DISQ	812 0:25:12	753 0:20:28	836 0:17:56	DISQ
HKO	17	CHAN ON LAP	742	2225		735 0:27:50	790 0:19:31	700 0:21:25	
SOC	18	LUK CHI HIN SOLOMON	704	2111	714 0:21:18	DISQ	643 0:23:59		754 0:25:04
HKI	19	TSE HIN LONG	555	1665	DISQ	816 0:25:05		849 0:17:39	
OS.	20	LIANG CHI HANG	454	1361	689 0:22:06	672 0:30:27			DISQ

# 2015年度短距離 排名聯賽成績

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		<b>WE</b>			RL-1	RL-2	RL-3	RL-4	RL-5
Club	Rank	Name	Average	Total	2015-04-12	2015-04-26	2015-05-09	2015-08-16	2015-12-12
					Lai Chi Kok	Tseung Kwan O	Zhu Hai	Tin Shui Wai	Tai Po Waterfront
HKI	1	YU WING HAY	1000	3000	1000 0:16:32	1000 0:18:53	1000x 0:15:52	1000 0:16:45	
HKO	2	CHAN HAU WAH BRENDA	952	2855	938 0:17:38	903x 0:20:56		917 0:18:16	1000 0:22:52
XCC	3	FUNG CHARMAINE KAI WING	936	2808		746x 0:25:19	889 0:17:51	939 0:17:50	980 0:23:20
HKO	4	YU TSZ YING	923	2770	936 0:17:40	880 0:21:27	954 0:16:38	874x 0:19:10	
HKI	5	LEUNG KA KI	897	2691	840x 0:19:41	861 0:21:56	927 0:17:07	903 0:18:33	DISQ
FOC	6	CHAN PUI FUNG	876	2629	931 0:17:45	870 0:21:43		827 0:20:15	
AYP	7	CHENG YUEN KI HILDA	851	2554	877 0:18:51	858 0:22:01	819 0:19:22		
XCC	8	LEE WING SZE VIVIAN	825	2475	761 0:21:43	915 0:20:39		799 0:20:58	DISQ
HKO	9	CHAN LAI YEE	813	2439	756 0:21:52	841 0:22:27	842 0:18:51		DISQ
HKI	10	LAM KA YI	781	2342	805 0:20:33	530x 0:35:39	755 0:21:01	783 0:21:24	643x 0:35:33
YAO	11	CHAN SAU MEI	746	2238	758 0:21:48	741 0:25:30		738 0:22:41	687x 0:33:17
HKO	12	WONG WAI CHING VICKIE	669	2008	684 0:24:11	720 0:26:13	576x 0:27:34	604 0:27:43	DISQ
HKO	13	FUNG YUK CHING WINSOME	456	1369	666 0:24:50	703 0:26:51			DISQ
		<b>M8</b>			RL-1	RL-2	RL-3	RL-4	RL-5
Club	Rank	Name	Average	Total	2015-04-12	2015-04-26	2015-05-09	2015-08-16	2015-12-12
					Lai Chi Kok	Tseung Kwan O	Zhu Hai	Tin Shui Wai	Tai Po Waterfront
OAH	1	LAU KIN PONG	822	2467	1000 0:24:59			943 0:18:34	524 0:54:08
XCC	2	LO CHUN HEI	667	2000				1000 0:17:30	1000 0:28:22
OAH	3	SIU PUI LOK	512	1535	DISQ	DISQ		896 0:19:32	639 0:44:24
		<b>W8</b>			RL-1	RL-2	RL-3	RL-4	RL-5
Club	Rank	Name	Average	Total	2015-04-12	2015-04-26	2015-05-09	2015-08-16	2015-12-12
					Lai Chi Kok	Tseung Kwan O	Zhu Hai	Tin Shui Wai	Tai Po Waterfront
BCP	1	WONG YEE YAN	1000	3000	1000 0:27:25	1000 0:31:59		1000 0:20:51	1000x 0:41:28
BCP	2	SHIU WING YU	321	964	964 0:28:27				

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		<b>M10</b>							
					RL-1	RL-2	RL-3	RL-4	RL-5
Club	Rank	Name	Average	Total	2015-04-12 Lai Chi Kok	2015-04-26 Tseung Kwan O	2015-05-09 Zhu Hai	2015-08-16 Tin Shui Wai	2015-12-12 Tai Po Waterfront
SOC	1	SHUM SIU LONG	988	2964	1000 0:11:48	692x 0:25:40		1000 0:13:21	964 0:22:51
SOC	2	FONG CHEUK LONG ETHAN	818	2454	605 0:19:30	1000 0:17:45			848 0:25:57
BCP	3	MAN TSAN SHUN	805	2414	552 0:21:23	862 0:20:35		544x 0:24:32	1000 0:22:01
BCP	4	TANG SIN MUK JOSHUA	743	2228	722 0:16:20	662 0:26:50		843 0:15:50	
BCP	5	LAM HIU YEUNG	612	1837	596 0:19:48	556 0:31:57		685 0:19:30	DISQ
AKI	6	LAU CHEUK NAM	483	1450		512 0:34:42			938 0:23:28
BCP	7	YIP HO WANG OWEN	483	1448	DISQ	661 0:26:51			787 0:27:59
BCP	8	CHAN KING WO	432	1297	353x 0:33:27	365 0:48:39		448 0:29:47	484 0:45:29
BCP	9	WONG WAI HIN	234	701	364 0:32:26	337 0:52:39			
BCP	10	CHIU LONG HEI	230	690	344 0:34:21	346 0:51:16			OT 1:06:26
BCP	11	LAW TSZ LOK	0	0	DISQ				OT 1:25:29
		<b>W10</b>							
					RL-1	RL-2	RL-3	RL-4	RL-5
Club	Rank	Name	Average	Total	Lai Chi Kok	Tseung Kwan O	Zhu Hai	Tin Shui Wai	Tai Po Waterfront
NDO	1	LEUNG HIU CHING	1000	3000	1000 0:16:18	1000 0:14:11		1000 0:19:43	1000x 0:24:25
OAH	2	FUNG WAI KI	945	2836	943 0:17:17	937 0:15:07		956 0:20:38	
HKO	3	FU HOI KI	893	2680	935 0:17:26	866 0:16:23		879 0:22:26	860x 0:28:24
SOC	4	SIU PUI YUET	818	2454	668 0:24:25	894 0:15:52		661x 0:29:49	893 0:27:21
YAO	5	KO HIU MAN SOPHIE	776	2329	628 0:25:58	DISQ		943 0:20:54	757 0:32:14
NDO	6	LEUNG HIU YUET	734	2201	603 0:27:01	328x 0:43:17		841 0:23:26	756 0:32:18
BCP	7	WONG CHING HEI	662	1986		666 NO		701 0:28:07	618 0:39:29
HKI	8	CHUNG WINNIE	445	1336	561 0:29:04	775 0:18:17			
BCP	9	MAK TIN YAN	335	1004	OT 1:14:40	DISQ		556 0:35:27	448 0:54:33
BCP	10	SHIU WING YIN	123	368	368 0:44:18				

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## Sprint Distance Events Ranking Results 2015

更新 Updated On: 2015-12-16

<b>M12</b>					RL-1	RL-2	RL-3	RL-4	RL-5
Club	Rank	Name	Average	Total	2015-04-12 Lai Chi Kok	2015-04-26 Tseung Kwan O	2015-05-09 Zhu Hai	2015-08-16 Tin Shui Wai	2015-12-12 Tai Po Waterfront
HKO	1	LUM CHEUK HEI	1000	3000	1000 0:11:44	984x 0:14:11	1000 0:17:47		1000 0:12:43
HKO	2	AU JOSHUA HO KIU	925	2775	848 0:13:50	1000 0:13:58	733x 0:24:16		927 0:13:43
OAH	3	CHOW CARLO KA LOK	898	2695		879 0:15:52		972 0:15:30	844 0:15:04
BCP	4	WONG CHEUK HIM	894	2681	795 0:14:45	886 0:15:45		1000 0:15:04	787x 0:16:10
HKO	5	LAM WANG HONG NERIO	756	2269	668x 0:17:34	708 0:19:43		769 0:19:35	791 0:16:04
HKO	6	WU CHEUK HEI	710	2129	658 0:17:50	632x 0:22:05		766 0:19:40	705 0:18:03
HKO	7	LEE SZE LUT NAZIRITE	675	2025	677 0:17:20	573x 0:24:23		653 0:23:04	695 0:18:18
BCP	8	LAW SING YU SEAN	635	1906	DISQ	577 0:24:11		728 0:20:41	600 0:21:11
HKO	9	CHAN CHUN ON	554	1662	852 0:13:46	810 0:17:15			DISQ
BCP	10	CHAN KING YU	522	1566	531 0:22:06	620 0:22:31		415 0:36:20	
BCP	11	AU KI	505	1516	535 0:21:55	476 0:29:20		505 0:29:50	
OAH	12	LAU CHUNG YIN	300	901				444 0:33:58	457 0:27:48
HKO	13	WONG YAT HEI	279	838		838 0:16:39		DISQ	
OAH	14	CHAN PAK LOK ALLEN	254	761		761 0:18:20			
HKO	15	CHAN TSZ CHUN	221	662		662 0:21:05			
SOC	16	NG TSZ HIN	155	464		464 0:30:04			
OAH	17	CHAN YU WANG	108	324		324 0:43:05			
<b>W12</b>					RL-1	RL-2	RL-3	RL-4	RL-5
Club	Rank	Name	Average	Total	2015-04-12 Lai Chi Kok	2015-04-26 Tseung Kwan O	2015-05-09 Zhu Hai	2015-08-16 Tin Shui Wai	2015-12-12 Tai Po Waterfront
HKO	1	CHOI LOK NOVEL	953	2858	858 0:21:12	1000 0:09:35	1000 0:48:40	DISQ	783x 0:26:08
BCP	2	WONG KI SUM	939	2816	938 0:19:24	878 0:10:55		1000 0:11:36	DISQ
BCP	3	CHU LI WEI RIE	923	2770	838x 0:21:43	844 0:11:22		926 0:12:32	1000 0:20:27
BCP	4	WONG HAU YI	767	2302	748 0:24:19	702 0:13:40		852 0:13:37	DISQ
HKO	5	LAU HIN YI	650	1951	902 0:20:11	430 0:22:18		619 0:18:44	DISQ
SOC	6	LI WING SUM	588	1764		900 0:10:39		864 0:13:26	DISQ
OAH	7	WONG WING YIN	431	1292		499 0:19:12		793 0:14:38	
HKO	8	FUNG WAI CHING	381	1142				689 0:16:50	453 0:45:07
BCP	9	TANG LOK YAN NAOMI	333	1000	1000 0:18:12	DISQ			
BCP	10	LO MEI SUEN	255	765	DISQ	765 0:12:32			
HKI	11	CHUNG MERRY	156	468		468 0:20:28			
OAH	12	LO HOI YAN	118	355		355 0:27:02			
DGS	13	WONG CHING TUNG MONIQUE	0	0	DISQ				
BCP	13	WU TUNG YAN	0	0	OT 1:02:49				

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## Sprint Distance Events Ranking Results 2015

更新 Updated On: 2015-12-16

		<b>M14</b>			RL-1	RL-2	RL-3	RL-4	RL-5
Club	Rank	Name	Average	Total	2015-04-12 Lai Chi Kok	2015-04-26 Tseung Kwan O	2015-05-09 Zhu Hai	2015-08-16 Tin Shui Wai	2015-12-12 Tai Po Waterfront
Y2Y	1	CHAN CHUN HEI	1000	3000	1000 0:10:16	1000 0:14:05	1000 0:13:37		
HKO	2	LI HO SHUN MARKUS	968	2903	903 0:11:22			1000 0:12:36	1000 0:16:49
HKO	3	WONG TSZ CHUN JASON	899	2697	792 0:12:58	922 0:15:16	983 0:13:51		
HKO	4	CHUNG HO YIN	695	2086	582 0:17:38	847 0:16:37	656 0:20:45		DISQ
HKO	5	LEUNG CHUNG WAI	540	1621	842 0:12:12	779 0:18:04			DISQ
WYC	6	WAN TSZ CHUN MARCO	532	1595		DISQ		947 0:13:18	648 0:25:58
OAH	7	CHAN CHEUK KI	435	1305		DISQ	549 0:24:49	756 0:16:40	
WYC	8	CHENG KAI MAN	395	1185		438 0:32:10		747 0:16:52	
QCO	9	TONG SHEE YIU	378	1133	453 0:22:40			680 0:18:32	DISQ
QCO	10	TAI SUNG CHIT	352	1055				517 0:24:23	538 0:31:15
QCO	11	CHAN CHEUK KAI	286	859	446 0:23:00			412 0:30:33	DISQ
OAH	12	LAW HONG CHUN	253	760	DISQ	760 0:18:31			
WYC	13	WONG TIMOTHY BRYAN CO	252	755		755 0:18:38			
QCO	14	SIEH CHEUK NAM	189	567	567 0:18:07				
SOC	15	CHOI WING KIT	182	547				547 0:23:02	
WYC	16	CHAN KIRK	174	522		522 0:26:57			
LSC	16	LEE PERRY	174	522		522 0:26:58			
WYC	18	WONG PAK WAI NATHAN	168	505	505 0:20:21	DISQ		DISQ	
WYC	19	WONG LOK HEI	165	494		494 0:28:30			
SOC	20	CHOI WING KIT	160	479		479 NO			

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QCO	21	LAM HOK NAM	155	464	464 0:22:08				
LSC	22	KWONG TING YAN ENOCH	134	402		402 0:35:02			
QCO	23	LO LONG HIN	77	230	230 0:44:41				
QCO	24	CHAN KA YIU	0	0	DISQ				DISQ
QCO	24	WONG TSUNG YAN	0	0				DISQ	
AA.	24	LIU YAN QUAN	0	0		DISQ			DISQ
WYC	24	LIU ANTONY	0	0		DISQ			
		<b>W14</b>							
					RL-1	RL-2	RL-3	RL-4	RL-5
					2015-04-12	2015-04-26	2015-05-09	2015-08-16	2015-12-12
Club	Rank	Name	Average	Total	Lai Chi Kok	Tseung Kwan O	Zhu Hai	Tin Shui Wai	Tai Po Waterfront
HKO	1	WONG YI SHAN	1000	3000	1000 0:11:21	1000 0:12:52	1000 0:16:31		1000x 0:14:08
DGS	2	WONG YUET TO	975	2924	946 0:12:00	978 0:13:10		1000 0:13:49	
HKO	3	CHU YING YAU	946	2837	970 0:11:42	896x 0:14:22	948 0:17:26		919 0:15:23
POC	4	YUE WEI YA	883	2648	897 0:12:39	906 0:14:13	795x 0:20:47	845 0:16:21	788x 0:17:56
HKO	5	FUNG WAI CHING	817	2451	829 0:13:41	792 0:16:15	726x 0:22:45	830 0:16:39	453x 0:45:07
BPS	6	FUNG WING KI	655	1964	523x 0:21:41	433x 0:29:43	576 0:28:42	720 0:19:11	668 0:21:09
BPS	7	CHENG SUM YU	251	753	336 0:33:47	DISQ			417 0:33:55
DGS	8	LUK KEI SUET ANGELA	220	659	315 0:36:02	344 0:37:24			
BPS	9	TSAI YING YING	207	620	620 0:18:19				
SOC	10	LAM HIU KI	203	608	608 0:18:40				
DGS	11	MOK HOI CHING	182	546		546 NO			
OAH	12	IP INGRID	156	467		467 0:27:32			
BPS	13	KU KA KI DOROTHY	147	440	DISQ				440 0:32:09
DGS	14	TAM KA WING	137	411	DISQ	411 0:31:19			
DGS	15	FONG SIN HANG JADA	65	196	196 0:57:53	DISQ			
BPS	16	CHAU HIU KEI	0	0	DISQ				
BPS	17	NG CHEUK SZE	0	0	DISQ				
BPS	18	YIP SI WING	0	0	DISQ				
DGS	19	YUEN ENAM NATALIE	0	0	OT 1:01:23				

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Sprint Distance Events Ranking Results 2015

更新 Updated On: 2015-12-16

		<b>M16</b>							
Club	Rank	Name	Average	Total	RL-1	RL-2	RL-3	RL-4	RL-5
					2015-04-12	2015-04-26	2015-05-09	2015-08-16	2015-12-12
					Lai Chi Kok	Tseung Kwan O	Zhu Hai	Tin Shui Wai	Tai Po Waterfront
HKO	1	WONG CHEUK WANG	983	2948	919x 0:12:50	948 0:17:46	1000 0:14:04		1000 0:15:14
HKO	2	LIU CHI CHUNG	966	2899	1000 0:11:48	915 0:18:24		984 0:11:39	DISQ
SOC	3	CHEUNG YAN WAI	943	2830	902 0:13:05	928 0:18:09		1000 0:11:28	DISQ
HKO	4	SHIU CHIT HIM	828	2485	775 0:15:13	531x 0:31:43	799 0:17:37	910 0:12:36	DISQ
WYC	5	CHENG WING JUN	751	2252	792 0:14:54	666 0:25:17		794 0:14:26	DISQ
DBS	6	TO CHING HONG	735	2204	647 0:18:15	731 0:23:01		826 0:13:53	
DBS	7	YIP TSZ TO	721	2164	748 0:15:47			636 0:18:02	781 0:19:31
QCO	8	LAU CHRISTOPHER TREVOR	705	2114	680 0:17:21	761 0:22:07		673 0:17:02	
HKO	9	CHU YAU MAN	651	1953	953 0:12:23	1000 0:16:50			DISQ
HKO	10	CHAN CHUN HANG	583	1748	600 0:19:40	564 0:29:51			584 0:26:05
OLE	11	WONG TSZ HEI	533	1600	770 0:15:20			831 0:13:48	
WYC	12	CHAK CHUN WAI	489	1467				740 0:15:30	727 0:20:57
FOC	13	TAM CHIN HANG	487	1460	758 0:15:34	702 0:23:59		DISQ	
WYC	14	SO KA WANG	475	1426		DISQ		661 0:17:21	765 0:19:54
WYC	15	NG KOK WING	457	1370	633 0:18:39	DISQ		737 0:15:33	
WYC	16	TSANG WING SUN VICTOR	409	1228		378 OFFICIAL		850 0:13:29	
LSC	17	TANG WAI NAM	343	1028	388 0:30:23			639 0:17:56	
AA.	18	CHE YAO CHENG	300	899		DISQ		899 0:12:45	DISQ
AA.	19	FONG TSZ LO	259	778	778 0:15:10				DISQ
BCP	20	CHAN CHI HIM	222	667				667 0:17:12	
WYC	21	CHEANG SIN YEUNG CLARENCE	212	636		636 0:26:28			
AA.	22	LAM HIU CHAK	206	617		DISQ	617 0:22:48		DISQ
POC	23	YUE WEI YI	202	607	DISQ	607 0:27:44			
AA.	24	TSUI TUNG MING	196	589		DISQ	589 0:23:52	DISQ	DISQ
AA.	25	CHAN TAI HING	180	541		541 0:31:06			DISQ
DBS	26	CHANG TIN LONG	148	444		444 0:37:55			
OS.	27	TSANG HO YEUNG	0	0	DISQ	DISQ			
AA.	27	TAM HUNG PAN	0	0		DISQ			
AA.	27	CHENG HO WANG	0	0		DISQ			DISQ
AA.	27	SU LIU TAI	0	0		DISQ			DISQ

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<b>W16</b>					RL-1	RL-2	RL-3	RL-4	RL-5
Club	Rank	Name	Average	Total	2015-04-12 Lai Chi Kok	2015-04-26 Tseung Kwan O	2015-05-09 Zhu Hai	2015-08-16 Tin Shui Wai	2015-12-12 Tai Po Waterfront
HKO	1	LEUNG HEI TUNG	971	2912	946	1000			966
						0:19:45			0:24:41
SOC	2	TSANG HIU YU	913	2738	DISQ	831	907	1000	
						0:23:47	0:19:50	0:15:28	
BPS	3	LEE YAT LAAM	901	2704	992	712			1000
					0:17:40	0:27:44			0:23:51
HKO	4	LEUNG CHEUK KI	815	2445	DISQ	DISQ	772	699	974
							0:23:18	0:22:07	0:24:29
BPS	5	WONG TSUI SHAN	805	2416		790		724	902
						0:25:01		0:21:22	0:26:27
BPS	6	LAW NGO LAAM	640	1919	481	DISQ		726	712
					0:36:24			0:21:18	0:33:31
Y2Y	7	CHAN SIN YU	633	1900	DISQ	900	1000		
						0:21:57	0:18:00		
AA.	8	LIU YUEN HEI	525	1574		DISQ	833	741	
							0:21:37	0:20:52	
AA.	9	WONG YUEN ON	333	1000	1000				
					0:17:31				
BPS	10	CHENG YIN SHAN	308	925	925				
					0:18:56				
DGS	11	CHIU CHING	283	849				849	
								0:18:13	
DGS	12	LEUNG TSZ KIU STEPHANIE	269	806	806	DISQ			
					0:21:44				
DGS	13	LUK KA YU CODI	246	737	737				
					0:23:46				
DGS	14	FUNG YING KA ODESSA	208	624		DISQ		624	
								0:24:47	
DGS	15	WAN SING NGA PALLAS	0	0	DISQ	DISQ			
BPS	15	NG TSZ CHIN	0	0	DISQ				
OAH	15	LAU CHEUK YAN	0	0		DISQ			
<b>M18</b>					RL-1	RL-2	RL-3	RL-4	RL-5
Club	Rank	Name	Average	Total	2015-04-12 Lai Chi Kok	2015-04-26 Tseung Kwan O	2015-05-09 Zhu Hai	2015-08-16 Tin Shui Wai	2015-12-12 Tai Po Waterfront
PCO	1	YU TSZ FUNG	1000	3000	1000	1000			1000
					0:12:19	0:17:44			0:14:17
DBS	2	LAU KWUN HIM HIMMY	933	2800	800	DISQ	1000	1000	
					0:15:24		0:14:42	0:15:01	
WYC	3	NG KOK HEI JASON	839	2517		881		972	664
						0:20:07		0:15:27	0:21:30
OS.	4	LEUNG HONG TING	766	2299		511		868	920
						0:34:43		0:17:18	0:15:32
OS	5	CHAU CHUNG YIN	764	2291	780	720		792	676x
					0:15:48	0:24:39		0:18:58	0:21:07
LSC	6	TANG WAI FUNG	706	2117	672	636	809		
					0:18:19	0:27:53	0:18:11		
AA.	7	NG SUNG CHAK	581	1743		DISQ		997	747
								0:15:04	0:19:08
QCO	8	KWAN YIK CHING	539	1616	844			773	
					0:14:36			0:19:26	
HKO	9	CHUI TSZ HO	265	795				795	
								0:18:54	
HKO	10	NG KI FUNG JASON	256	767	767				
					0:16:03				
WYC	11	LAM LIMSON	237	711		711 NO			
LSC	12	KWONG TING HIN JOSHUA	221	664		664			
						0:26:42			
AA.	13	YU RUI HONG	162	485		485			DISQ
						0:36:34			
QCO	14	TAM KAI ON	0	0	DISQ				
WYC	14	LING CHUNG YIN	0	0		DISQ			
WYC	14	SIU CHEUK YIU	0	0		DISQ			

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## Sprint Distance Events Ranking Results 2015

更新 Updated On: 2015-12-16

<b>W18</b>					RL-1	RL-2	RL-3	RL-4	RL-5
Club	Rank	Name	Average	Total	2015-04-12 Lai Chi Kok	2015-04-26 Tseung Kwan O	2015-05-09 Zhu Hai	2015-08-16 Tin Shui Wai	2015-12-12 Tai Po Waterfront
HKO	1	CHAN ZHI LING	880	2641	938 0:16:28	844 0:28:41		859 0:17:41	
HKO	2	LAW HOI YI	667	2000	1000 0:15:27	1000 0:24:12			DISQ
OS.	3	NG LAI YING	646	1938		611 0:39:38		675 0:22:30	652 0:39:46
AA	4	YEUNG YU PO	582	1746			DISQ	746 0:20:21	1000 0:25:56
HKI	5	AU ANDREA CHOR KIU	567	1701		701 0:34:32	1000 0:20:18		
POC	6	CHEUNG KA WING EMMA	333	1000				1000 0:15:11	
BPS	7	LI HO LING	292	875	875 0:17:39				
<b>M20</b>					RL-1	RL-2	RL-3	RL-4	RL-5
Club	Rank	Name	Average	Total	2015-04-12 Lai Chi Kok	2015-04-26 Tseung Kwan O	2015-05-09 Zhu Hai	2015-08-16 Tin Shui Wai	2015-12-12 Tai Po Waterfront
HKO	1	SHIU CHIT HEI	1000	3000	1000 0:14:29	1000 0:16:28	1000 0:13:00	1000x 0:13:36	1000x 0:16:42
QCO	2	LI CHUN HO	933	2800	888 0:16:19		960 0:13:33	819x 0:16:36	952 0:17:33
QCO	2	CHUNG AUSTIN	933	2800	915 0:15:50	865x 0:19:03	971 0:13:24	914 0:14:53	875x 0:19:05
MET	4	CHAN CHUN KIT	899	2696	696x 0:20:49	892 OFFICIAL	877 0:14:50	927 0:14:40	815x 0:20:29
HOL	5	YUE WEI YONG	580	1741	801 0:18:05	DISQ		940 0:14:28	DISQ
SFX	6	LIANG JIEJUN	545	1636		853 0:19:19	783 0:16:36		DISQ
XCC	7	HO HOI HUNG	332	995			995 0:13:04		
AA.	8	LI SING WAI	315	944		944 0:17:27		DISQ	DISQ

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## Sprint Distance Events Ranking Results 2015

更新 Updated On: 2015-12-16

<b>W20</b>					RL-1	RL-2	RL-3	RL-4	RL-5
Club	Rank	Name	Average	Total	2015-04-12	2015-04-26	2015-05-09	2015-08-16	2015-12-12
					Lai Chi Kok	Tseung Kwan O	Zhu Hai	Tin Shui Wai	Tai Po Waterfront
BPS	1	LAM CHO YU	1000	3000	DISQ	DISQ	1000	1000	1000
							0:14:27	0:11:57	0:16:24
OAH	2	LAM HO TONG	876	2628	879	1000		749	
					0:18:40	0:26:29		0:15:57	
Met	3	LAM HEI YIU ALICIA	861	2584	1000	849	699x	735	DISQ
					0:16:24	OFFICIAL	0:20:40	0:16:15	
HKI	4	SOO WAI HIN	666	1999			570	716	713
							0:25:22	0:16:41	0:23:00
MET	5	NG WING SI	661	1984	837	611			537
					0:19:36	OFFICIAL			0:30:32
HKI	6	YEE SZE WING	541	1623	DISQ	DISQ	800	823	DISQ
							0:18:03	0:14:31	
POC	7	CHEUNG KA WING EMMA	319	956	956				
					0:17:09				
HKI	8	TAM SIN YI NOEL	204	613			613		
							0:23:34		
<b>M21</b>					RL-1	RL-2	RL-3	RL-4	RL-5
Club	Rank	Name	Average	Total	2015-04-12	2015-04-26	2015-05-09	2015-08-16	2015-12-12
					Lai Chi Kok	Tseung Kwan O	Zhu Hai	Tin Shui Wai	Tai Po Waterfront
LSC	1	LO JOSEPH	956	2868	1000	868			1000
					0:17:55	0:21:21			0:18:41
HKI	2	CHAN TIN MONG	913	2740	912	928		901	DISQ
					0:19:39	0:19:58		0:14:45	
XCC	3	CHOI WAI KIT POINTS	889	2667	DISQ	877	984	806	DISQ
						0:21:08	0:16:01	0:16:29	
HKI	4	LEE YEUNG CHI	868	2604			885	741	978
							0:17:49	0:17:56	0:19:06
FSO	5	CHENG YUK TUNG	852	2555		799	873	741x	883
						0:23:11	0:18:03	0:17:56	0:21:09
HKO	6	LAM TREVOR KOONCHI	847	2542	852	782	908		DISQ
					0:21:02	OFFICIAL	0:17:21		
FOC	7	CHAN TSZ CHUNG	840	2521	DISQ	819		783	919
						0:22:38		0:16:58	0:20:20
PCO	8	LAU KWOK SANG	812	2435	901	805		729	726x
					0:19:53	OFFICIAL		0:18:14	0:25:44
SOC	9	TSANG CHUN CHI	803	2408	856	772x	779	651x	773
					0:20:56	0:24:00	0:20:14	0:20:25	0:24:10
HKO	10	MAN YIU FUNG	798	2393	857	752		784	DISQ
					0:20:54	0:24:38		0:16:57	
YAO	11	LI FUK LUNG BRUCE	790	2369	827	769	773		
					0:21:40	0:24:06	0:20:23		
XCC	12	TANG YEUNG CHIU DENNIS	768	2305	757	838		710	640x
					0:23:41	0:22:06		0:18:42	0:29:11
POC	13	CHAN CHUN FUNG	754	2261	751			778	732
					0:23:51			0:17:05	0:25:32

# 2015年度短距離 排名聯賽成績

## Sprint Distance Events Ranking Results 2015

更新 Updated On: 2015-12-16

HKO	14	CHAN CHI SING CLEMENT	741	2222	819	713		689	
					0:21:52	0:25:59		0:19:16	
SOC	15	CHEUNG KANG KAI	726	2177	712	747		717	DISQ
					0:25:09	0:24:48		0:18:31	
HKO	16	CHU HING SHING	710	2131	726	709	684x	696	683x
					0:24:41	0:26:07	0:23:02	0:19:05	0:27:21
YAO	17	CHU KAM HUNG	707	2121	753	681		686	DISQ
					0:23:47	0:27:12		0:19:21	
HKO	18	LEE TING HO GILBERT	691	2072	747	661		664	584x
					0:23:59	0:28:02		0:20:00	0:31:59
LSC	19	CHAN CHI KEUNG	670	2011	702	609	700	593x	
					0:25:32	0:30:25	0:22:31	0:22:25	
POC	20	CHEUNG CHI KO ABDON	653	1960	DISQ	1000		960	DISQ
						0:18:32		0:13:50	
HKO	21	NG KA SING	646	1939	665	538x	653	484x	621
					0:26:56	0:34:27	0:24:09	0:27:25	NO
HKO	22	CHOI KAM KWAI	645	1934	543x	597	656	436x	681
					0:32:58	0:31:03	0:24:02	0:30:30	0:27:26
SOC	23	LUI TSZ HIN	633	1898	626	667			605
					NO	0:27:46			0:30:54
XCC	24	YEUNG KWOK KEUNG	616	1847			1000	847	DISQ
							0:15:46	0:15:41	
HKO	25	YIM CHUN WAI	610	1831	674	648		510	
					0:26:36	0:28:35		0:26:04	
AYP	26	YU SAI HONG	585	1756	902	854			
					0:19:52	0:21:41			
BU.	27	KWONG MAN FAI TIMOTHY	584	1751	DISQ	826			DISQ
						0:22:25	0:17:02		
MET	28	NG KWOK FUNG	577	1732	643	552		538	
					0:27:53	0:33:36		0:24:42	
HKO	29	NG KWAN SHING	545	1635	870	765			
					0:20:35	0:24:12			
HKO	30	HO TSZ HANG STEPHEN	527	1581	850	731			
					0:21:04	0:25:20			
XCC	31	LAW KWOK KUEN	523	1569	863	DISQ		705	
					0:20:45			0:18:50	
LSC	32	HO HUI NAM	518	1553	611		505	438	
					0:29:20		0:31:14	0:30:21	
HKO	33	KAN CHI CHEUNG	512	1535	809	726			
					0:22:09	0:25:31			
HKO	34	YUEN TUNG NAM	445	1335	705			630	DISQ
					0:25:24			0:21:06	
YAO	35	WONG JOHN	437	1311	733			578	
					0:24:27			0:22:59	
HKO	36	WONG KIN IP	375	1126	641	DISQ	DISQ	485	DISQ
					0:27:57			0:27:22	
HKO	37	CHAN PING KIN	338	1015	626	389			
					NO	0:47:41			



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Sprint Distance Events Ranking Results 2015

更新 Updated On: 2015-12-16

		W21			RL-1	RL-2	RL-3	RL-4	RL-5
Club	Rank	Name	Average	Total	2015-04-12 Lai Chi Kok	2015-04-26 Tseung Kwan O	2015-05-09 Zhu Hai	2015-08-16 Tin Shui Wai	2015-12-12 Tai Po Waterfront
XCC	1	LUI WAI LAN IRIS	1000	3000	1000 0:16:36	1000 0:20:39	1000 0:13:00	1000x 0:16:11	1000x 0:20:35
OS.	2	SO WING MAN	815	2445		792 0:26:05	822 0:19:42		832 0:24:45
YAO	3	TANG PO WA	801	2402	588x 0:28:15	842 0:24:31	644x 0:25:10	794 0:20:23	766 0:26:53
FOC	4	NG KA YAN	797	2390	771 0:21:31		752 0:21:31	866 0:18:41	
HKO	5	CHEUNG WEI KI RAINKY	723	2168	546x 0:30:24	746 0:27:41	777 0:20:51	646 0:25:04	585x 0:35:11
XCC	6	WONG WING YAN JOSEPHINE	722	2166	664x 0:24:59	700 0:29:31	789 0:20:32	508x 0:31:51	677 0:30:24
HKO	7	CHIU KONIE	686	2058	552x 0:30:03	622 0:33:12	711 0:22:47	DISQ	725 0:28:24
YAO	8	CHIU LAI KWAN	673	2019	DISQ	695 0:29:44	645 0:25:06	679 0:23:50	
YAO	9	WONG SZE HA	667	2000	369x 0:45:01	693 0:29:48	576 0:28:08	526x 0:30:46	732 0:28:08
HKO	10	TSE LUI	649	1946	633 0:26:13	643 0:32:08		670 0:24:10	DISQ
Y2Y	11	LEUNG KA MAN	608	1823				913 0:17:44	910 0:22:37
YAO	12	LIU KA MAN	593	1779	803 0:20:41	976 0:21:10			
HKO	13	MOK WAI YEE MAGGIE	528	1585	805 0:20:38	780 0:26:30			
OBA	13	CHUNG WAI FAN VIVIAN	528	1585	533 0:31:09	491x 0:42:05		527 0:30:42	525 0:39:13
XCC	15	CHAN CHING YAN CANDY	514	1543		780 0:26:30		763 0:21:12	
HKO	16	LAM OI SZE	467	1402	657 0:25:16	DISQ		745 0:21:43	
HKO	17	RIDOLFO ARIANNA	462	1386				676 0:23:56	710 0:28:59
POC	18	CHAN LAI YING	381	1143	541 0:30:41			602 0:26:54	
POC	19	LAM YUEN KWAN ADA	235	705				705 0:22:57	
FOC	20	TSANG YIN HUNG	213	638				638 0:25:23	
POC	21	CHAN HIU WAI	179	537	537 0:30:54				
YAO	22	CHAN SZE LAI	172	515		515 0:40:06			
HKO	22	KAN MAN WAI	172	515		515 0:40:06			
YAO	24	CHAU HOI SZE	167	501		501 0:41:13			
HKO	25	WAI TSUI SHAN	122	366		366 0:56:27			
HKO	26	LEE OI YING	0	0		DISQ			

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## Sprint Distance Events Ranking Results 2015

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		<b>M35</b>			RL-1	RL-2	RL-3	RL-4	RL-5
Club	Rank	Name	Average	Total	2015-04-12 Lai Chi Kok	2015-04-26 Tseung Kwan O	2015-05-09 Zhu Hai	2015-08-16 Tin Shui Wai	2015-12-12 Tai Po Waterfront
YAO	1	TANG CHUN KIT	1000	3000	1000 0:15:52	1000 0:22:05		1000 0:14:12	1000x 0:17:57
HKO	2	CHEUNG PING KUEN	988	2964		964 0:22:55	1000 0:16:40	1000 0:14:12	
HKO	3	WONG CHI YIN	960	2880	DISQ	991 0:22:18	910 0:18:18	979 0:14:30	807x 0:22:14
HKO	4	CHUNG WAI NANG	912	2735	897 0:17:41	921 0:23:58	712x 0:23:24	917 0:15:29	DISQ
HKO	5	WONG MAN WA	889	2667	775x 0:20:28	864 0:25:34	922 0:18:04	830x 0:17:07	881 0:20:22
XCC	6	LO CHEUK HONG	844	2533	718 0:22:06	908 0:24:20		907 0:15:39	
LSC	7	LEUNG YAT LAI ADRIAN	716	2148	770 0:20:37	520 0:42:31	858 0:19:24		
YAO	8	CHEUNG CHI SHING	707	2122	682 0:23:16			763 0:18:37	677 0:26:31
HKO	9	CHAN SIU CHUNG	602	1807	456x 0:34:47	671 0:32:56	530 0:31:27	606 0:23:26	
AKI	10	CHUNG CHI MING	602	1806		983 0:22:28		823 0:17:15	
YAO	11	LEUNG CHI YAN	597	1792		906 0:24:23			886 0:20:16
BCP	12	LI MING CHI	574	1721	787 0:20:09	934 0:23:39			DISQ
HKO	13	CHEONG KUNG PAN	563	1688	809 0:19:37	879 0:25:08			
YAO	14	CHEUNG YAT LUNG TOMMY	462	1387				641 0:22:10	747 0:24:02
HKO	15	FUNG CHUN PAN	395	1184		673 0:32:50		511 0:27:48	
SOC	16	IP WAI YEUNG	346	1038		DISQ	617 0:27:00	421 0:33:45	DISQ
VOC	17	CHAN CHIT HUNG	337	1012	614 0:25:51	398 0:55:29			
YAO	18	YEUNG SUEN YU	232	697	697 0:22:46				
SOC	19	LAU CHUN FUN	204	611				611 0:23:14	DISQ
SOC	20	YUEN CHI KIN	171	512	512 0:30:59				
CAS	21	TSANG CHIU CHUN	162	486		486 0:45:29			
HKO	22	TSUI WING SING	155	465			DISQ	465 0:30:32	
WYC	23	SY HUAN KUN	146	439		439 0:50:21			

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<b>W35</b>					RL-1	RL-2	RL-3	RL-4	RL-5
Club	Rank	Name	Average	Total	2015-04-12 Lai Chi Kok	2015-04-26 Tseung Kwan O	2015-05-09 Zhu Hai	2015-08-16 Tin Shui Wai	2015-12-12 Tai Po Waterfront
BPS	1	CHIU CHONG HUA	1000	3000	1000 0:16:44			1000 0:16:51	1000 0:21:21
POC	2	CHEUNG LAI KUEN MONA	985	2954	952x 0:17:35	1000 0:28:02	1000 0:19:46	945x 0:17:50	954 0:22:23
HKO	3	HO HING LING SHELLEY	903	2708	866 0:19:20	999 0:28:04		844 0:19:58	
HKO	4	ISMAIL HANIFA	835	2506	846 0:19:47			867 0:19:26	793 0:26:56
POC	5	TANG PUI YI	575	1724	945 0:17:42			779 0:21:38	
XCC	6	TANG PIK KWAN	572	1717	850 0:19:41			867 0:19:26	
FOC	7	LAU WING KA LOUISE	568	1705	784 0:21:20			921 0:18:18	
AKI	8	LUO TUNG HSIA MARIE	534	1601		966 0:29:00		635 0:26:31	
SOC	9	LAU WAI NGAR	509	1528	433 0:38:37	668 0:41:56		427 0:39:29	
XCC	10	FUNG KIT LING	495	1484	765 0:21:52			719 0:23:26	DISQ
XCC	11	YU HOI YAN	347	1042				510 0:33:01	531 0:40:11
BBH	12	LO TING CHI JENNIFER	207	622	622 0:26:54				
CAS	13	CHOI YUEN WA	195	586	586 0:28:32				
YAO	14	CHAU HOI SZE	143	430	430 0:38:57				
<b>M40</b>					RL-1	RL-2	RL-3	RL-4	RL-5
Club	Rank	Name	Average	Total	2015-04-12 Lai Chi Kok	2015-04-26 Tseung Kwan O	2015-05-09 Zhu Hai	2015-08-16 Tin Shui Wai	2015-12-12 Tai Po Waterfront
Y2Y	1	CHAN KAM ON	1000	3000	1000 0:16:05	1000 0:21:51	1000 0:16:29	973x 0:14:14	
XCC	2	LO WING SHIU	980	2940	940 0:17:07			1000 0:13:51	1000 0:23:16
HKO	3	WONG WAI NGAI ERIC	920	2761	868 0:18:32	903 0:24:11		990 0:13:59	DISQ
HKO	4	MAN WAI TIN	903	2710	865 0:18:35	786x 0:27:48	878 0:18:47	843x 0:16:26	967 0:24:04
AYP	5	WONG CHI CHUNG ISAAC	893	2678	797x 0:20:11	835x 0:26:10	868 0:19:00	850 0:16:18	961 0:24:13
SOC	6	LAU CHI CHUEN	839	2517	804 0:20:00	827 0:26:25	886 0:18:36		DISQ
HKO	7	LUM CHO FAI	833	2498	779 0:20:39	DISQ	884 0:18:38	834 0:16:36	731x 0:31:51
HKO	8	CHAN KWOK WAI AARON	788	2363		758 0:28:50	830 0:19:51	544x 0:25:28	775 0:30:01
HKO	9	LEE MAN WAI	784	2353	774 0:20:46	653 0:33:27		925 0:14:58	DISQ

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HKO	10	KWONG KWOK WAH	661	1984	577 0:27:53	648 0:33:43		760 0:18:14	DISQ
NDO	11	LEUNG WAI KIN	645	1935	618 0:26:02	656 0:33:19		523x 0:26:30	661 0:35:11
HKO	12	WONG HO MAN	502	1506	538 0:29:55	589 0:37:05		380 0:36:29	
HKO	13	TSE YIK WAH	495	1485				696 0:19:54	789 0:29:30
XCC	14	HO CHUN HO	487	1462			772 0:21:21	690 0:20:05	DISQ
POC	15	CHOW YIU SHUEN LIO	272	815				815 0:17:00	
SOC	16	TONG WAI MING	106	319		DISQ		319 0:43:26	
OAH	17	FONG WAI HONG	0	0		DISQ			DISQ
XCC	17	TSANG RAYMOND	0	0	DISQ				
		<b>W40</b>							
					RL-1	RL-2	RL-3	RL-4	RL-5
					2015-04-12	2015-04-26	2015-05-09	2015-08-16	2015-12-12
Club	Rank	Name	Average	Total	Lai Chi Kok	Tseung Kwan O	Zhu Hai	Tin Shui Wai	Tai Po Waterfront
HKO	1	LAU PIK YI	1000	3000	1000 0:18:23	1000 0:30:11	1000 0:23:01	1000x 0:18:40	1000x 0:23:45
HKO	2	CHAN SIU MUI	623	1869		911 0:33:08			958 0:24:47
HKO	3	LI MANG WAH LOUISE	588	1765	685 0:26:50	566 0:53:20		DISQ	514 0:46:11
BBH	4	CHUNG SHUK KAM	515	1545	761 0:24:09			784 0:23:49	
HKO	5	SZE TO YING WAI	476	1428	872 0:21:05	556 0:54:17			
XCC	6	TANG PIK KWAN	323	968		968 0:31:10			
OC	7	LEUNG LAI PING	172	515		515 0:58:36			
XCC	8	LI WAI YING	0	0	DISQ				
YAO	8	CHAN SZE LAI	0	0	DISQ				
OC	8	LEUNG LAI SHEUNG	0	0		DISQ			

# 2015年度短距離 排名聯賽成績

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		<b>M45</b>			RL-1	RL-2	RL-3	RL-4	RL-5
Club	Rank	Name	Average	Total	2015-04-12 Lai Chi Kok	2015-04-26 Tseung Kwan O	2015-05-09 Zhu Hai	2015-08-16 Tin Shui Wai	2015-12-12 Tai Po Waterfront
HKO	1	YU SHIN HO	1000	3000	944x 0:19:47	1000 0:18:03	1000 0:16:07	1000 0:11:41	1000x 0:17:39
VOC	2	YEUNG WAI YIN ALEXIS	985	2954	1000 0:18:41	962 0:18:46	922x 0:17:29	926x 0:12:37	992 0:17:48
HKO	3	LEUNG LAP ON	870	2610	821 0:22:46	718x 0:25:07	736x 0:21:54	844 0:13:51	946 0:18:40
AYP	4	KO MAN FUNG FRANCIS	819	2457	DISQ	803 0:22:29	873 0:18:27	781 0:14:58	
OLE	5	WONG HUNG ON WALLIS	806	2418	774 0:24:09			781 0:14:58	864 0:20:26
AYP	6	NG KAM FU PATRICK	742	2226	661 0:28:16	744 0:24:15	821 0:19:37		
HKO	7	FU MAN FAI	683	2050	705 0:26:31	660 0:27:21		628x 0:18:37	686 0:25:44
HKO	8	WONG WAI MING	662	1985	709 0:26:21	684 0:26:22		592 0:19:45	
HKO	9	SHIU CHI SHING	549	1648	461 0:40:34	519 0:34:46	668 0:24:07	326x 0:35:53	
POC	10	HUI NGAI SANG	478	1433			872 0:18:29	562 0:20:48	
OAH	11	LAW YAT HING	474	1422	720 0:25:57	702 0:25:42			
BCP	12	WONG MAN WAI	397	1190	DISQ	DISQ		576 0:20:16	614 0:28:45
HKO	13	WONG KIN LOK	208	623		623 0:28:57			
HKO	14	CHAN KIM CHAM	173	520	520 0:35:56				
		<b>W45</b>			RL-1	RL-2	RL-3	RL-4	RL-5
Club	Rank	Name	Average	Total	2015-04-12 Lai Chi Kok	2015-04-26 Tseung Kwan O	2015-05-09 Zhu Hai	2015-08-16 Tin Shui Wai	2015-12-12 Tai Po Waterfront
HKO	1	CHEUNG BO LING PAULINE	1000	3000	1000 0:18:08	DISQ	1000 0:21:56	1000 0:19:43	1000x 0:27:11
HKO	2	KO SIN YU	954	2861	917 0:19:47	1000 0:28:57		944 0:20:53	
OAH	3	CHAN FUNG SHAN EVELYN	811	2433	869 0:20:52		818 0:26:50	746 0:26:26	
HKO	4	WONG YEE WAH	654	1961	701 0:25:52	566 0:51:11		483x 0:40:51	694 0:39:10
		<b>M50</b>			RL-1	RL-2	RL-3	RL-4	RL-5
Club	Rank	Name	Average	Total	2015-04-12 Lai Chi Kok	2015-04-26 Tseung Kwan O	2015-05-09 Zhu Hai	2015-08-16 Tin Shui Wai	2015-12-12 Tai Po Waterfront
HKO	1	CHUNG HON	1000	3000	1000 0:13:30	1000 0:19:04	1000 0:13:23	1000x 0:17:41	1000x 0:18:19
HKO	2	LI TAK KUN	917	2752	810x 0:16:40	854x 0:22:19	889 0:19:53	892 0:15:00	971 0:18:52
FOC	3	TAM SHU FUN	914	2741	829x 0:16:17	927 0:20:34		837 0:15:59	977 0:18:45
HKO	4	LAW WAI KAY	888	2663	857 0:15:45	892 0:21:22		914 0:14:39	DISQ
POC	5	TANG YUK CHEONG	691	2073	561 0:24:04	DISQ		723 0:18:30	789 0:23:13

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更新 Updated On: 2015-12-16

HKO	6	YU HON MING	689	2067	699 0:19:19	409x 0:46:34		714 0:18:45	654 0:28:00
OAH	7	TAM WAI YIP	630	1890	615 0:21:58		670 0:26:23	605 0:22:07	
HKO	8	CHAN PO MING	456	1367	552 0:24:27	815 0:23:24		DISQ	
HKO	9	CHAN WING CHONG	374	1122	479 0:28:10			643 0:20:49	
HKO	10	LAM KWOK WAH	315	945	DISQ	470 0:40:32			475 0:38:32
OAH	11	LEUNG KWOK KEUNG	283	848				848 0:15:47	DISQ
		<b>W50</b>							
					RL-1	RL-2	RL-3	RL-4	RL-5
Club	Rank	Name	Average	Total	2015-04-12	2015-04-26	2015-05-09	2015-08-16	2015-12-12
					Lai Chi Kok	Tseung Kwan O	Zhu Hai	Tin Shui Wai	Tai Po Waterfront
HKO	1	CHUI LAI KUEN CANDY	1000	3000	936x 0:20:34	944x 0:23:50	1000 0:26:04	1000 0:20:49	1000 0:26:33
YAO	2	CHEUNG PO YI	717	2151	813 0:23:40	DISQ		586 0:35:31	751 0:35:21
AYP	3	AU MAN CHONG MARIANA	653	1959	1000 0:19:15	959 0:23:28			
HKO	4	NG MIU LAN	546	1638	895 0:21:30	743 0:30:18			
HKO	5	CHEUNG NGAN CHUN	333	1000		1000 0:22:30			
HKO	6	LAI MEI HO PAULINE	269	806					806 0:32:57
		<b>M55</b>							
					RL-1	RL-2	RL-3	RL-4	RL-5
Club	Rank	Name	Average	Total	2015-04-12	2015-04-26	2015-05-09	2015-08-16	2015-12-12
					Lai Chi Kok	Tseung Kwan O	Zhu Hai	Tin Shui Wai	Tai Po Waterfront
HKO	1	LEE CHI KIN	1000	3000	883x 0:17:25	1000 0:16:52	1000 0:17:56	1000 0:13:31	1000x 0:19:26
POC	2	PANG KA CHOI	854	2562		971 0:17:22	781 0:22:57	809 0:16:42	DISQ
AKI	3	LEUNG LAM	481	1444	1000 0:15:23	444 OFFICIAL			
AYP	4	CHAN CHUNG WING STANLEY	419	1257	811 0:18:58			446 0:30:17	
HKO	5	CHUNG YUN BUN	266	797		797 0:21:10			
POC	6	CHAN CHUNG YU	146	438				438 0:30:50	

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更新 Updated On: 2015-12-16

		<b>W55</b>			RL-1	RL-2	RL-3	RL-4	RL-5
Club	Rank	Name	Average	Total	2015-04-12 Lai Chi Kok	2015-04-26 Tseung Kwan O	2015-05-09 Zhu Hai	2015-08-16 Tin Shui Wai	2015-12-12 Tai Po Waterfront
HKO	1	WONG YUK HING	1000	3000	1000 0:18:13	1000 0:22:33	1000 0:24:53	1000x 0:17:10	1000x 0:22:02
FOC	2	WONG YUK CHING	613	1839	491x 0:37:06	667 0:33:48		511 0:33:35	661 0:33:21
HKO	3	LEUNG YEE MAY	522	1565	DISQ	DISQ	450 0:55:17	506 0:33:54	608 0:36:13
FOC	4	CHAN SIU LIN	228	683		683 0:33:00			
POC	5	TANG SUK FONG	210	631	631 0:28:53			DISQ	
HKO	6	TSE WAI LING CHERRY	196	589		589 0:38:18			
		<b>M60</b>			RL-1	RL-2	RL-3	RL-4	RL-5
Club	Rank	Name	Average	Total	2015-04-12 Lai Chi Kok	2015-04-26 Tseung Kwan O	2015-05-09 Zhu Hai	2015-08-16 Tin Shui Wai	2015-12-12 Tai Po Waterfront
POC	1	YUE TING WANG DOMINIC	957	2871		871 0:25:21	1000 0:25:42	1000 0:20:08	DISQ
HKO	2	CHIU LUEN KWAN	954	2862	1000 0:24:08	704x 0:31:23	756x 0:33:59	862 0:23:22	1000 0:32:03
HKO	3	WONG KAM FEI	333	1000		1000 0:22:05			
HKO	4	MOK TO	236	708	708 0:34:04				