



Organized By  
Orienteering Association of Hong Kong



Supported By  
Leisure and Cultural Services Department

## Asia Pacific Orienteering Championships 2006 cum Hong Kong Championships

Event (updated on June 2006)

| Date              | Event  |                          |
|-------------------|--|--------------------------|
| Sun. 24 Dec.2006  | Hong Kong Championships - Sprint Distance    | <b>Tin Shui Wai Park</b> |
| Mon. 25 Dec.2006  | Hong Kong Championships - Middle Distance    | Ngau Liu                 |
| Tue. 26 Dec. 2006 | Hong Kong Championships - Night Orienteering | Braemar Hill             |
| Thu. 28 Dec. 2006 | APOC 2006 - Model Event                      | Tai Tong                 |
| Fri. 29 Dec. 2006 | APOC 2006 - Sprint Distance                  | Tai Tong & Tai Shu Ha    |
| Sat. 30 Dec. 2006 | <b>APOC 2006 - Relay Event</b>               | Tai Tong & Tai Shu Ha    |
| Sun. 31 Dec 2006  | APOC 2006 - Long Distance                    | Lo Fu Tau & Tung Wan Tau |
| Mon. 1 Jan 2007   | <b>APOC 2006 - Middle Distance</b>           | Lo Fu Tau & Tung Wan Tau |

Competition Classes (updated on June 2006)

| Event   | Junior Classes   | Senior Classes   |                           |              |
|---|--|--|---------------------------|--------------|
| Hong Kong Championships<br>Sprint & Middle Distance | MJ , WJ (Age 18 or below)  | ME, WE (No age limit)  |                           |              |
|   |  | MS, WS (Age 19-44 )  |                           |              |
|   |  | MV, WV (Age 45 or over)  |                           |              |
| Hong Kong Championships<br>Night Orienteering       | <b>Solo Classes(class code)</b>  |  |                           |              |
|   | Men Junior Single (MJS)  | Age 14-18  | Men Senior Single (MSS)   | No Age Limit |
|   | Women Junior Single (WJS)  |  | Women Senior Single (WSS) |              |
|   | <b>Pair Classes (Double / CATI)</b>  |  |                           |              |
|   | Men Junior Double (MJD)  | Age 10-18  | Men Senior Double (MSD)   | No Age Limit |
|   | Women Junior Double (WJD)  |  | Women Senior Double (WSD) |              |
| Junior Mixed Double (JMD)                           | Senior Mixed Double (SMD)  |  |                           |              |
| <b>APOC 2006<br/>Individual Event</b>               | M/W10A, M/W10B<br>M/W12A, M/W12B<br>M/W14A, M/W14B<br>M/W16A, M/W16B<br>M/W18A, M/W18B | ME, WE (World Ranking Event Classes)<br>M/W20A, M/W20B, M/W21A, M/W21B<br>M/W35A, M/W35B, M/W40A, M/W40B<br>M/W45A, M/W45B, M/W50A, M/W50B<br>M/W55A, M/W55B, M/W60A, M/W60B<br>M/W65A, M/W65B, M/W70A, M/W70B |                           |              |
| <b>APOC 2006<br/>Relay Event</b>                    | M/W12, M/W14<br>M/W16, M/W18   | M/W21A, M/W21B, M/W20, M/W35A, M/W35B<br><b>M/W45A, M/W45B</b> , M/W55A, M/W55B, Mixed   |                           |              |

Ages are calculated as at 1 January 2007. classes may be combined if there are insufficient number of entries received.

Course length for each class will be set according to the IOF standards.

A separate form will be sent to the Group Organizer / Contact Person upon confirmation of registration for indication of members in the APOC Relay team or Hong Kong Championships Night Orienteering pair classes. Please fill in only the class and appropriate entry fee on this entry form.

### Entry Fees

| Received by   | 31-Jul-06 | 15-Oct-06 | After 16-Oct-06 |
|---|-----------|-----------|-----------------|
| <b>Hong Kong Championships - Sprint &amp; Middle Distance(per person per event)</b> |           |           |                 |
| Junior Classes  | HK\$55    | HK\$70    | HK\$105         |
| Senior Classes  | HK\$80    | HK\$100   | HK\$150         |
| <b>Hong Kong Championships - Night Orienteering (per person per event)</b>          |           |           |                 |
| Junior Classes  | HK\$50    | HK\$60    | HK\$90          |
| Senior Classes  | HK\$65    | HK\$80    | HK\$120         |
| <b>APOC 2006 (per person per event)</b>   |           |           |                 |
| Junior Classes  | HK\$80    | HK\$100   | HK\$150         |
| Senior Classes  | HK\$120   | HK\$150   | HK\$225         |

**EMIT Card Rental Fee: HK\$15 per event**



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Visit our event website <http://www.apoc2006.hk> for the most updated news of APOC 2006!

## Asia Pacific Orienteering Championships 2006 Official Accommodations

Official accommodations in dormitory style or guest house at low cost will be available for budget conscious orienteers from 28 December 2006 to 1 January 2007. As the number of reserved beds at the official accommodations are limited, all accommodations will be arranged in 'first-come, first-served' basis upon full payment.

### DORMITORY STYLE

|  | <i>Package A</i>   | <i>Package B</i>   | <i>Package C</i>   |
|--|--|--|--|
| <b>Period</b>  | <b>28 December 2006 to 1 January 2007, 4 nights inclusive</b>  |  |  |
| <b>Accommodation</b>   | <b>Chinese YMCA – Wu Kwai Sha Youth Village</b>  | <b>(B1) PLK Tai Tong Holiday camp for first two nights, i.e. 28 to 30 Dec 2006;<br/>(B2) Methodist Conference Centre at Silvermine Bay for last two nights, i.e. 30 Dec 2006 to 1 Jan 2007</b> | <b>(C1) PLK Tai Tong Holiday camp for first two nights, i.e. 28 to 30 Dec 2006;<br/>(C2) HKPA Holiday Camp at Silvermine Bay for last two nights, i.e. 30 Dec 2006 to 1 Jan 2007</b> |
| <b>Website</b>   | <a href="http://www.ymca.org.hk/eng/index.php?c=88&amp;t=1">http://www.ymca.org.hk/eng/index.php?c=88&amp;t=1</a>  | (B1) / (C1) <a href="http://www.poleungkuk.org.hk/new/contentpage.php?id=20050331101435&amp;lang=e">http://www.poleungkuk.org.hk/new/contentpage.php?id=20050331101435&amp;lang=e</a>          |  |
|  |  | (B2) <a href="http://www.methodist-centre.com/camp/index2.htm">http://www.methodist-centre.com/camp/index2.htm</a>   | (C2) <a href="http://www.hkpacamp.com/">http://www.hkpacamp.com/</a>   |
| <b>Accommodation type &amp; facilities</b>                       | Rooms with 4 or 6 beds, equipped with shared toilets, shower & common room; no possibility for cooking   | Rooms with 2 to 8 beds, equipped with shared toilets, showers & common room, no possibility for cooking  | (C1) Rooms with 2 to 8 beds, (C2) Dormitories with 14 to 24 beds, equipped with shared toilets, showers & common room, no possibility for cooking                                    |
| <b>Distance from city</b>  | About 30 minutes by public transport   | About 60 minutes by public transport   |  |
| <b>Distance from Competitions</b>                                | 1-2 hours by official transport  | Within walking distance  |  |
| <b>Transportation</b>  | <ul style="list-style-type: none"> <li>- Pick up at city center on 28Dec06 to competition area</li> <li>- Daily transfer to &amp; from the competitions (Package A only)</li> <li>- Transfer from Tai Tong to Silvermine Bay on 30Dec06 (Package B &amp; C only)</li> <li>- Transfer to city center after competition on 1Jan07</li> </ul> |  |  |
| <b>Meals</b>   | Daily breakfast, packed lunch & dinner will be provide at the accommodations   |  |  |
| <b>Package Cost inclusive of bed, meals &amp; transportation</b> | <b>HK\$1,120 per person</b>  | <b>HK\$1,000 per person</b>  | <b>HK\$900 per person</b>  |
| <b>Remarks</b>   | Stay at the same place throughout the APOC 2006 Period, daily transport to & from competitions   | Stay closed to competitions to save daily traveling, one transfer is required on Day 3 to move from Tai Tong to Silvermine Bay   |  |

### GUEST HOUSE OR BUDGET HOTEL

| <b>Accommodation</b>               | <b>Rate (Per room per night)</b> | <b>Meal</b>    | <b>Website</b>  |
|------------------------------------|----------------------------------|----------------|---|
| <b>YWCA Anne Black Guest House</b> | HK\$410 / Double room            | Breakfast only | <a href="http://hotel.ywca.org.hk/AnneBlack/anne_location.htm">http://hotel.ywca.org.hk/AnneBlack/anne_location.htm</a> |
| <b>Caritas Bianchi Lodge</b>       | HK\$560 / Double room            | Breakfast only | <a href="http://www.caritas-chs.org.hk/eng/lodge/index.htm">http://www.caritas-chs.org.hk/eng/lodge/index.htm</a>       |
| <b>YMCA International House</b>    | HK\$ 780 / Double room           | Breakfast only | <a href="http://www.intlhouse.ymca.org.hk/e_index.php">http://www.intlhouse.ymca.org.hk/e_index.php</a>                 |

### DORMITORY STYLE ACCOMMODATION (NON-PACKAGE)

| <b>Accommodation</b>                          | <b>Available Night for booking</b> | <b>Rate (Per person per night)</b> | <b>Meal</b>                                  |
|---|------------------------------------|------------------------------------|--|
| <b>Chinese YMCA Wu Kwai Sha Youth Village</b> | 23,24,25,26,27 Dec06<br>1Jan07     | HK\$200                            | Daily breakfast,<br>packed lunch &<br>dinner |

Transfer between above listed guest house/hotel/dormitory (non-package) and competition area can be arranged at daily \$50/\$70 from 24Dec06 - 1Jan07 (except 27Dec06), please refer to entry form for details.



## APOC 2006 ENTRY FORM

Please fill in Block Letters and return to

Orienteering Association of Hong Kong

Room 1014 Olympic House, 1 Stadium Path,

Causeway Bay, HONG KONG

Fax NO. : +852 2577 5595 Email : info@apoc2006.hk

*Official Use Only*

Entry No : \_\_\_\_\_

Received on : \_\_\_\_\_ By : Post/Fax/Email

**Table 1 Entries**

|      | Family Name | Given Name | Date of Birth<br>DD/MM/Y | Sex | Class | HK Championships     |                      |                     | APOC 2006            |                     |                    |                    | Emit Card<br>No./Rental<br>Fees | Entry Fees<br>per person |
|------|-------------|------------|--------------------------|-----|-------|----------------------|----------------------|---------------------|----------------------|---------------------|--------------------|--------------------|---------------------------------|--------------------------|
|      |             |            |                          |     |       | Sprint<br>24.12.2006 | Middle<br>25.12.2006 | Night<br>26.12.2006 | Sprint<br>29.12.2006 | Relay<br>30.12.2006 | Long<br>31.12.2006 | Middle<br>1.1.2007 |                                 |                          |
| e.g. | BROWN       | DAVID      | 21/8/1975                | M   | MS    | \$80                 | \$80                 | \$65                | ME                   | Mixed               | M21B               | M21A               | Nil                             | \$810                    |
| 1    |             |            |                          |     | Class |                      |                      |                     |                      |                     |                    |                    |                                 |                          |
|      |             |            |                          |     | Fee   |                      |                      |                     |                      |                     |                    |                    |                                 |                          |
| 2    |             |            |                          |     | Class |                      |                      |                     |                      |                     |                    |                    |                                 |                          |
|      |             |            |                          |     | Fee   |                      |                      |                     |                      |                     |                    |                    |                                 |                          |
| 3    |             |            |                          |     | Class |                      |                      |                     |                      |                     |                    |                    |                                 |                          |
|      |             |            |                          |     | Fee   |                      |                      |                     |                      |                     |                    |                    |                                 |                          |
| 4    |             |            |                          |     | Class |                      |                      |                     |                      |                     |                    |                    |                                 |                          |
|      |             |            |                          |     | Fee   |                      |                      |                     |                      |                     |                    |                    |                                 |                          |
| 5    |             |            |                          |     | Class |                      |                      |                     |                      |                     |                    |                    |                                 |                          |
|      |             |            |                          |     | Fee   |                      |                      |                     |                      |                     |                    |                    |                                 |                          |
| 6    |             |            |                          |     | Class |                      |                      |                     |                      |                     |                    |                    |                                 |                          |
|      |             |            |                          |     | Fee   |                      |                      |                     |                      |                     |                    |                    |                                 |                          |

**Group Organiser/Contact Person**

**Total Entry Fees :**

|   |             |  |     |     |     |     |     |           |       |  |  |      |  |
|---|-------------|--|-----|-----|-----|-----|-----|-----------|-------|--|--|------|--|
| Family Name                                   | (Mr/Mrs/Ms) | <b>Table 2 - Souvenirs &amp; Social Events</b>                         |     |     |     |     |     |           |       |  |  |      |  |
| Given Name                                    |             | <b>Pre-order of Commemorative T-shirts / Sweatshirts</b>               |     |     |     |     |     |           |       |  |  |      |  |
| Orienteering Club                             |             |  | XS  | S   | M   | L   | XL  | Total Qty | Total |  |  |      |  |
| Country                                       |             | T-shirt \$80@  | pcs | pcs | pcs | pcs | pcs | pcs       | HK\$  |  |  |      |  |
| Address                                       |             | SweatShirt \$150@  | pcs | pcs | pcs | pcs | pcs | pcs       | HK\$  |  |  |      |  |
| <b>Pre-order of Tickets for Social Events</b> |             |  |     |     |     |     |     |           |       |  |  |      |  |
| E-mail  |             | Buffet after Opening Ceremony on 28.12.2006 HK\$100@ x _____ persons   |     |     |     |     |     |           |       |  |  | HK\$ |  |
| Fax   | Tel. No.    | Banquet cum Prize Giving Ceremony on 1.1.2007 HK\$250@ x _____ persons |     |     |     |     |     |           |       |  |  | HK\$ |  |

**Note : Upon the receipt of the confirmation of entries and the demand note from the Organiser, payment in full must be made within 3 weeks.**

**Entries not paid up within this time will be cancelled.**

Remark: Public Liability Insurance is covered by Orienteering Association of Hong Kong. Participants/Parents are recommended to apply other insurance.

**Table 3 - Accommodation**

| <b>DORMITORY STYLE (Check-in: 28 Dec Check-out: 1 Jan 4 Nights ; With meals &amp; transportation)</b> |               |            |           |  |                   |                            |
|---|---------------|------------|-----------|--|-------------------|----------------------------|
|   | Family Name   | Given Name | Sex       | Package (* Delete as appropriate)                        | Cost              |                            |
| e.g.  | BROWN         | DAVID      | M         | *Package A / <del>Package B</del> / <del>Package C</del> | \$1,120           |                            |
| 1   |               |            |           | *Package A / Package B / Package C                       |                   |                            |
| 2   |               |            |           | *Package A / Package B / Package C                       |                   |                            |
| 3   |               |            |           | *Package A / Package B / Package C                       |                   |                            |
| 4   |               |            |           | *Package A / Package B / Package C                       |                   |                            |
| 5   |               |            |           | *Package A / Package B / Package C                       |                   |                            |
| 6   |               |            |           | *Package A / Package B / Package C                       |                   |                            |
| <b>GUEST HOUSE OR BUDGET HOTEL <u>fill in Table 4 also if you need transportation</u></b>             |               |            |           |  |                   |                            |
|   | Accommodation | Check-in   | Check-out | Number of Night  | Number of Room    | Cost                       |
| 1   |               |            |           |  | Double x room(s)  |                            |
| 2   |               |            |           |  | Double x room(s)  |                            |
| 3   |               |            |           |  | Double x room(s)  |                            |
| <b>DORMITORY STYLE (NON PACKAGE) <u>fill in Table 4 also if you need transportation</u></b>           |               |            |           |  |                   |                            |
| <b>Available nights for booking: 23,24,25,26,27 Dec 06 &amp; 1Jan07 only</b>                          |               |            |           |  |                   |                            |
|   | Family Name   | Given Name | Sex       | Check-in   | Check-out         | Cost                       |
| e.g.  | SMITH         | JOHN       | M         | 23Dec06<br>1Jan07  | 28Dec06<br>2Jan07 | \$200 x 6 nights = \$1,200 |
| 1   |               |            |           |  |                   |                            |
| 2   |               |            |           |  |                   |                            |
| 3   |               |            |           |  |                   |                            |
| 4   |               |            |           |  |                   |                            |
| 5   |               |            |           |  |                   |                            |
| 6   |               |            |           |  |                   |                            |

|                     |  |
|---------------------|--|
| <b>Total Amount</b> |  |
|---------------------|--|

**Table 4 - Transportation**

| Date                | Cost | Number of Person | Total Fee |
|---------------------|------|------------------|-----------|
| Sun. 24 Dec 2006    | \$50 |                  |           |
| Mon. 25 Dec 2006    | \$50 |                  |           |
| Tue. 26 Dec 2006    | \$50 |                  |           |
| Thu. 28 Dec 2006*   | \$50 |                  |           |
| Fri. 29 Dec 2006*   | \$50 |                  |           |
| Sat. 30 Dec 2006*   | \$50 |                  |           |
| Sun. 31 Dec 2006 *  | \$70 |                  |           |
| Mon. 1 Jan 2007*    | \$70 |                  |           |
| <b>Total Amount</b> |      |                  |           |

Remark:  
 you do not need to reserve transportation on dates marked (\*)  
 in case you have reserved official accommodation package A/B/C

|                    |  |
|--------------------|--|
| <b>Table 1</b>     |  |
| <b>Table 2</b>     |  |
| <b>Table 3</b>     |  |
| <b>Table 4</b>     |  |
| <b>Grand Total</b> |  |